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metroNEWS

DUE EAST

Paul Gross kicks off Atlantic Film Festival with his Hyena Road

metroNEWS

Paul Gross attends the Hyena Road screening at the Rebecca Cohn Auditorium on Thursday.

JEFF HARPER/METRO

CATHERINE CAMPBELL

Accused killer quiet in court

Zane Woodford
Metro | Halifax

Christopher Calvin Garnier sat in sullen silence in Halifax provincial court Thursday as his lawyer asked for his case to be put over.

The 27-year-old is charged with second-degree murder and indecently interfering with a dead human body in the slaying of 36-year-old Truro police Const. Catherine Campbell.

Wearing a blue winter jacket, black pants and shirt and black running shoes, Garnier didn't cover his face as he was brought up the stairs and into the courtroom, where he'd sit for just over a minute, saying nothing.

After his appearance, Crown attorney Paul Carver told reporters the Crown would be opposing Garnier's release, which he would have to apply for in Supreme Court. Garnier will be back in court Sept. 30 at 9:30 a.m.

metr INSIDE

Full coverage on pages 4 & 5

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Quinpool Road tower panned

DEVELOPMENT

Proposed 29 storey project doesn't benefit city: Resident



Stephanie Taylor
Metro | Halifax

Residents in Halifax did not mince words slamming a new 29-storey tower proposed for Quinpool Road.

In a public meeting hosted by the District 7 and 8 Planning Advisory Committee on Thursday, HRM planner Carl Purvis introduced the latest rendering of the development set for a parcel of land, owned by Armco Capital.

Currently, the site is home to a 10-storey office tower and parkade.

The crowd of around 65 listened as Purvis outlined the back-and-forth the developer and municipal planning staff have played since the planning process was initiated by regional council last June.

More than a year later, the project has morphed from separate 28-storey and 12-storey towers as was previously proposed, to a single 29-storey tower that would feature a four to seven storey podium street wall.

Overall, the development would fit 209 units with 199 parking stalls and offer 10,614 square feet of commercial space.

"This (is) a gateway not only to the neighbourhood, but Halifax," Jacob JeBailey, principal



A rendering of the proposed development, also known as Armco Tower, which would be located at the corner of Robie Street and Quinpool Road. CONTRIBUTED BY WM FARES GROUP

architect with consultant WM Fares Group, said of the site.

"It's a great site for a great opportunity."

He explained the building's design was inspired from a willow tree that once grew at the intersection of Quinpool



We want to see growth happen in a way that will galvanize support for growth. Twenty-nine storeys is probably just way too high.

Tristan Cleveland, Our HRM Alliance spokesman

Road, Robie Street and Cogswell Street.

To celebrate that legacy, a set of leaves would be imprinted onto the windows of the podium, which some residents who spoke at Thursday's meeting applauded.

65

Approximately 65 people sat in on the public meeting to discuss the 29-storey multi-use tower.

However, 16 of the 19 people who raised their voices did so to blast the proposal, citing building height and density as primary concerns.

"The only benefit of this development is to the developer," said resident Candace Stevenson.

"Neither the city, the neighbourhood, nor the residents of Halifax have any benefit from this development."

Resident Judy Haiven echoed similar remarks by saying, "this development has no heart."

Many who spoke on Thursday described an acrimonious relationship between community members, the city and developers, citing fear for what the future holds for their neighbourhood of residential homes and small businesses, which in recent years has become a hot-spot for redevelopment.

The Quinpool Road Main-street District Association's executive director, who spoke on behalf of the organization, was the sole resident who spoke in support of the development, complimenting its recognition of the site as a cornerstone of the city.

Staff said the proposal would be further discussed by the committee before any formal recommendation is decided.

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Police cut down some shrubs near the base of the MacDonald bridge as they look for more evidence. JEFF HARPER/METRO

Murder case leads to 'green bin'

INVESTIGATION

Halifax man charged in officer's death



Zane Woodford
Metro | Halifax

Halifax police are now asking the public for help in gathering more evidence in the homicide of Truro police Const. Catherine Campbell.

At a news conference Thursday morning, Supt. Jim Perrin announced charges of second-degree murder and indecent interference with a dead human body

against 27-year-old Christopher Calvin Garnier, and he said police are not looking for any other suspects.

Perrin said police believe Campbell was murdered in the early morning hours of Friday, Sept. 11, and that Garnier moved a green bin later that morning.

They're asking for anyone who saw a white man in a T-shirt and shorts pushing or pulling a green bin on Agricola, North or Barrington Streets around 4:30 a.m. on Sept. 11 to call police or Crime Stoppers.

"We believe that there was evidence in the green bin," he said.

"I can't get into the particulars of what that evidence was."

Perrin also would not say



Const. Catherine Campbell
CONTRIBUTED

if police had found the green bin in their searches, only that they'd "seized copious amounts

of evidence as part of this investigation."

Police could be seen Thursday afternoon near the MacDonald Bridge continuing their search, cutting down shrubs, scouring the area, and surveying across the street.

They had searched two other locations on Wednesday: one on McCully Street in Halifax, where police believe the murder occurred; and one on Chadwick Place in Clayton Park, where the accused lives.

Perrin would not elaborate on Garnier's connection to the McCully Street property, or why it's believed the murder happened there.

He said Garnier and Campbell

met at a downtown Halifax bar earlier that night, but he could not say if Campbell showed up with friends, or went there to meet someone, just that police had confirmed the two were in the same bar that evening.

When asked to explain the charge of indecently interfering with a dead human body, Perrin said it covers "a wide array of violations that could occur."

"We've laid that charge because of the cavalier way that Ms. Campbell's body was disposed of," he said.

Campbell's remains were found at 12:10 a.m. Wednesday on Barrington Street, underneath a ramp leading up to the MacDonald Bridge.

Just over an hour later, at 1:20 a.m., police pulled over a vehicle in Clayton Park and arrested a 27-year-old man.

Thursday afternoon, "In Catherine's honour and out of respect for the Truro Police Service," Halifax police raised a Town of Truro flag, and opened a book of condolences at their headquarters on Gottingen Street.

“

We are looking for continued public assistance in this case.

Supt. Jim Perrin

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- 2 Hailee Steinfeld Love Myself
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Murder suspect 'seemed like an average person'

MINI-PROFILE

Christopher Garnier had just started new job

Ben Cousins
For Metro | Halifax

The man charged with killing a police officer in Nova Scotia was fired from a new job Wednesday after failing to show up for his third day.

On Thursday, police charged Christopher Garnier with second-degree murder in the killing of Truro police Const. Catherine Campbell.

K&D Pratt, a company that sells industrial life-safety equipment, hired Garnier as a salesman.

His first day was Monday.

Rob Green, branch manager of K&D Pratt, said nothing unusual stuck out about Garnier in the brief time he knew him.

"He just seemed like an average person," he said. "He was quiet and soft-spoken."

Garnier, 27, showed up to work on Monday and Tuesday and was "ready to work," according to Green.

Police showed up Tuesday and spent an hour interviewing Garnier.

He failed to show up Wednesday and couldn't be



Christopher Garnier is escorted by sheriffs into a Halifax provincial courtroom on Thursday. JEFF HARPER/METRO

reached anywhere, so the company fired him.

Garnier was arrested by police early Wednesday morning.

In other parts of his history, Garnier spent time as a volun-

teer firefighter in the Halifax area from 2009 to 2011.

According to his LinkedIn page, Garnier also has extensive experience in safety equipment and services.

A website from an employer describes Garnier as a 'fitness guru'.

According to the Safety P.A.T.H. website, Garnier is a team member for the operating health and safety education and consulting team.

"Chris enrolled in the OHS Certificate Program at Dalhousie University in 2013 and has not looked back," his bio on the website states. "Whether he is helping employers to improve their return to work programs or helping employees improve their personal health and well-being, Chris' passion for health and safety shines and the positive results show."

According to Garnier's

LinkedIn page, he worked with Safety P.A.T.H. since 2010.

The website says Garnier delivered an Advanced OHS Accident Investigation Program at Dalhousie for the past two years.

As well, GoodLife Fitness confirms Garnier had been a personal trainer for them in the Halifax region, but had stopped working for them several months ago.

TRURO Support pouring in: Chief

Truro Police Service Chief David MacNeil said support has been pouring in, following news of Const. Catherine Campbell's murder.

"There has been overwhelming support from everyone here, and all across Canada — messages, phone calls, flowers and even food. It's doing a lot to help us through this."

Campbell had volunteered at the Stellarton Fire Department for a decade, and had been an officer with the patrol division for the past six years. The 36-year-old failed to report to work Monday morning, and later that day the Halifax Regional Police began a missing person investigation.

Early Wednesday morning, Campbell's remains were found under the Macdonald Bridge in Downtown Halifax, and 27-year-old Christopher Calvin Garnier, of Halifax, is facing a charge of second-degree murder.

He's also been charged with indecently interfering with a dead human body.

"It's hard, first of all, but hopefully the charges are a bit of closure to Catherine's family, and to everyone here," said MacNeil.

The chief, who informed Campbell's family when her remains were found, said support from businesses such as Hub Grub are showing their support by adding words of encouragement on their signs. TC MEDIA



The makeshift memorial in Truro. THE CANADIAN PRESS

The biggest feeling in our office today is our sympathies and shock for this woman.

Rob Green, branch manager of K&D Pratt, the accused man's employer

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School to be replaced next year

CONSTRUCTION

LeMarchant-St. Thomas will get new building on existing site



Haley Ryan
Metro | Halifax

Students from a south-end Halifax school will be relocated next fall, while their new classrooms are built.

On Thursday, the province's education department said it had selected the current property of LeMarchant-St. Thomas Elementary School to be the site for a replacement school.

"It's great news. It sits within the existing boundaries for the school," Halifax Regional School Board spokesman Doug Hadley said Thursday.

Hadley said the school board had asked for funding to replace the aging P-6 school during the latest



The aging LeMarchant-St. Thomas school in Halifax is about 80 years old and is in need of restoration to better meet the needs of students. JEFF HARPER/METRO



We are so pleased that the site has been selected and that students and staff will remain in the location that is best for the community.

Melinda Daye, HRSB chairwoman

round of requests in 2013, which the province agreed to in December of that year.

"It's too early to say how we'll relocate," Hadley said.

"Our goal will be ... minimizing potential impact to

+ DEADLINE

According to Halifax Regional School Board spokesman Doug Hadley, the school board now has a year to decide where to relocate roughly 400 students next September, due to construction.

families and students and staff."

LeMarchant-St. Thomas is about 80 years old, Hadley said, and past its prime like many buildings on the peninsula.

"The current site represents the best option for students, teachers and staff," said Education Minister Karen Casey in a release.

"We want to ensure that the students of LeMarchant-St. Thomas have access to a leading edge learning facility as soon as possible."

The HRSB will now establish a school steering team to work with the community, as well as begin the planning and design process, the province said.

HOLLIS STREET

City bike lane set to open

At long last, cyclists in Halifax will be able to ride down a much anticipated bike lane on Hollis Street.

On Thursday, the city said construction on the new bike lane, located on Hollis Street south of Cogswell Street to Terminal Road, would be finished in a few days.

The bike lane will run the length of the left side of the street and will end between Morris Street and Terminal Road.

For the short term, a section after Sackville Street will be blocked off due to ongoing construction, according to the city.

Motorists are also being warned there will no stopping permitted in the bike lane during peak hours from Monday to Friday from 7 to 9 a.m. and 4 to 6 p.m.

There will also be no stopping on the west and right side of the street, including near meters between Cogswell and Salter Street, from Monday to Friday from 7 to 9 a.m. and 4 to 6 p.m. METRO

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Hyena Road stars kick off AFF

ENTERTAINMENT

Annual event usually draws an attendance of 30,000



Haley Ryan
Metro | Halifax

Amid the shutter click of cameras and bagpipe music, stars and Haligonians walked the red carpet at the launch of the Atlantic Film Festival (AFF) Thursday evening.

The 35th annual festival opened with a screening of *Hyena Road* at the Rebecca Cohn Auditorium, where the movie's star, director and writer Paul Gross stepped out of a limo in the fading sunshine with co-star Allan Hawco.

"The people here (are) so wonderful and it's a great place to bring films, it really is. They're so enthusiastic," Gross said.

"I just feel at home in the Maritimes, and in Newfoundland — Allan was very precise that I was not to mix them up," he added with a smile and twin-



The Jordan valley as the sun would break is just unbelievable.

Paul Gross



Actors Allan Hawco, left, and Paul Gross arrive for a screening of *Hyena Road* at the Rebecca Cohn Auditorium to commence the Atlantic Film Fest Thursday night. JEFF HARPER/METRO

kle in his eye as he mentioned Hawco, the Republic of Doyle star.

Gross spent time in Afghanistan getting to know troops and going on patrols as well as gathering footage for the film before shooting the movie in Jordan, and plays an intelligence officer whose path con-

verges with a Canadian sniper and legendary Afghani warrior on the complex battlefield.

One aspect he enjoyed in *Hyena Road* was the notion of his character strategizing every detail before "getting it wrong," Gross said.

"There's great confidence up to the point that it all falls



I had a bit of a life-altering experience on this movie in a lot of ways.

Allan Hawco

apart," he said.

"Which I think is a lot of what happens in modern warfare. It's 'okay we're going to try this,' and it just doesn't work ... nothing is simple."

For Allan Hawco, snappily dressed in a grey-checked suit, he said experiencing a "fraction of a fraction" of what

+ CAST AND CREW

Screened in the Rebecca Cohn Auditorium, *Hyena Road* is written and directed by Canadian actor Paul Gross.

The film stars Gross, alongside Rossif Sutherland, Christine Horne, Allan Hawco, Clark Johnson and Neamat Arghandabi.

the military deals with through simulated firefights with contact bullets has changed his life.

"My favourite thing about being an actor is you get to pretend to be people that you aren't," Hawco said.

"You get an ... exclusive pass into a world that otherwise you'd never have access to."

A piper stationed across the street played as the public streamed into the theatre, and the festival's executive director Wayne Carter said the gala feel of the red carpet is always important to kick everything off.

The festival usually brings out more than 30,000 people, Carter said, and tickets for screenings like *The Lady in the Van*, starring Maggie Smith, have already taken off.

Carter said there will be lots of conversations in coffee shops and on the street about what Haligonians are watching this week.

"Cinema is one of those things that brings out a really intense passion in people who love it," Carter said.

5

FILMS TO CATCH DURING THE ATLANTIC FILM FESTIVAL

The movie fest kicks off its 35th year with high-profile films from Halifax-bred Ellen Page, as well as an analysis of how Rehtaeh Parsons' life changed the tone of the Canadian discussion around cyberbullying. Here's a quick look at some of the must-see-films this year. **HALEY RYAN METRO**



1 Brooklyn

Set in bustling New York and across the sea in Ireland, this film follows Irish immigrant Ellis Lacey (Saoirse Ronan) as she navigates '50s Brooklyn, falls in love and must make a life-altering choice when forced to return home. **Park Lane Cinemas: Sept. 18, 9:30 p.m.**



2 Into the Forest

Ellen Page stars alongside Evan Rachel Wood as two sisters living in a remote forest in the near future. They try to find hope and happiness while learning to survive and fend for themselves after society's collapse. **Park Lane: Sept. 19, 7 p.m.**



3 The Stanford Prison Experiment

Based on the true story of the infamous psychology experiment, Dr. Philip Zimbardo (Billy Crudup) casts students as guards and inmates to test the effects of imprisonment. **Park Lane: Sept. 20, 6:45 p.m.**



4 No Place to Hide

This film looks at Rehtaeh Parsons' life, how she ended it, and how it changed the way Canada talks about cyberbullying. The film delves into bullying, rape culture and victim blaming, leading to her death in 2013. **Park Lane: Sept. 20, 4:30 p.m.**



5 Beeba Boys

Guns, suits, cocaine and betrayal are mixed together in this story of an Indo-Canadian gang war where culture and crime clash brutally as the Beeba Boys compete to take over the Vancouver drug and weapons scene. **Park Lane: Sept. 24, 7 p.m.**

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CAMPAIGN

Trudeau en route to Halifax

Justin Trudeau is making his first campaign stop in Halifax this weekend.

The federal Liberal leader will be holding an event on Sunday at noon at Pier 21 in Halifax.

Green Party Leader Elizabeth May and NDP Leader Thomas Muclair have both previously made stops during the 11-week election campaign in Halifax.

Trudeau, along with Prime Minister Stephen Harper, had both visited Nova Scotia in the past month, but only in the riding of Cumberland-Colchester.

METRO



Liberal Leader Justin Trudeau

THE CANADIAN PRESS

IN BRIEF

Modern psychiatry units needed: Health Minister

Recently, a couple of mental health patients have gone AWOL from Valley Regional Hospital in Kentville.

Health Minister Leo Clavine said in response that the new Nova Scotia Health Authority is looking at creating protocols for the province.

He feels positive that the creation of modern psychiatric units is on the authority's radar. TC MEDIA



According to Dalhousie University contract, former president Tom Traves would receive his annual pay for three years after he stepped down, provided he worked a "normal maximum" of two days per month. METRO FILE

'It's simply not acceptable'

EDUCATION

Minister aims to end payouts to leaders in retirement

Nova Scotia's minister of advanced education says deals with university presidents that pay out hundreds of thousands of dollars after retirement are no longer acceptable in an era when student fees are rising.

Kelly Regan says she'll make that point at the next meeting of the provincial ministers of education, asking her peers to call a halt to the contract provisions.

She said she also delivered that message to a meeting Tuesday with the chairpersons of university boards of governors

from around the province.

"I indicated to them I don't like seeing benefits being paid after people are through their compensation," she told reporters after the weekly cabinet meeting Thursday.

"At a time when universities are asking government and students for more money it's simply not acceptable for these kinds of things to go on," she said.

The minister said shutting down the practice in Nova Scotia will be ineffective if other universities across the country don't follow suit.

She said she's asked to have the topic on the agenda of the Council of Ministers of Education meeting next July.

The Liberal cabinet minister said her concern was prompted by the contract of former Dalhousie University president

Tom Traves.

It says Traves would receive his annual pay for three years after he stepped down, provided he worked a "normal maximum" of two days per month.

His annual pay started at \$441,082 in 2010 and was scheduled to increase by four per cent annually, including the years



"I don't like seeing benefits being paid after people are through their compensation."

Kelly Regan

after he left the job.

The minister noted Traves' is not an isolated case, which is why she brought the issue up

at a meeting with the chairs who oversee the universities in the province.

Dalhousie University's website says current president Richard Florizone makes \$390,052 and will have a one-year administrative leave at the end of his term, continuing his regular pay in return for a "normal maximum" of two days per month of work.

The website for St. Francis Xavier says the employment contract for Kent MacDonald allows him to continue to receive his salary for a year after he leaves, if he works for the five years in the deal and if he's "available on a reasonable basis to advise the board of governors."

The minister said she can't reverse contracts that are already signed, but she will expect an end to such deals from now on.

+ ERASING FEES

Michaela Sam, the chairwoman of the Nova Scotia division of the Canadian Federation of Students, said in an interview she hopes that universities will shift the money they're spending for post-retirement pay to help offset student fees.

Lawrence Stordy, the chairman of the board of governors at Dalhousie, said in an interview that he will bring the minister's comment's back to the board and he expects they will be taken seriously.

"I think it's something that perhaps is going to have to change going forward," he said.

THE CANADIAN PRESS

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Megan Brown-Hodges says she'll fulfil none of her pledges if she's elected Oct. 19 as the MP for Kings-Hants under the Rhinoceros Party banner. TC MEDIA

Rhino candidate short on promises

ELECTION 2015 N.S. woman brings comic relief to federal campaign

If elected, Megan Brown-Hodges promises to not keep a single promise.

And that's a promise. That's not to say the Rhino candidate's platform is void of vision; the satirical party's Canada-wide platform calls for the nationalization of Tim Hortons, privatization of the military and, the Rhinoceros Party classic, repealing the law of gravity.

"One of my favourite ones for this year is demolishing the Rocky Mountains to fill in the potholes across Canada, but also using the leftovers to pave the Bay of Fundy so that we have more room for Acadia parking," said Brown-Hodges.

The 26-year-old Sheffield Mills resident says there's a

method to her political neophyte's perceived madness.

"It is to show that most of the promises made by the big parties are just nonsense anyway. Eight times out of 10, they're not going to follow through with them," she said.

Brown-Hodges felt compelled to do something to encourage voters to get to the polls in the federal election after former Kings-Hants NDP candidate Morgan Wheeldon was forced to resign as a result of an online attack ad sponsored by the Conservative Party.

As her only option, the Rhino Party seemed like a good fit.

"Before this all happened... my husband and I were just going to go door to door and tell people to vote. We didn't care who they voted for. We weren't out to push a party at all, but we wanted to just have a high voter turnout," said Brown-Hodges.

She hopes adding some diversity to the ballot will encourage more people to

It is to show that most of the promises made by the big parties are just nonsense.

Megan Brown-Hodges

participate in the Oct. 19 election.

"It's better to vote Rhino than not at all."

Armed with punchlines and makeshift signs, Brown-Hodges aims to make voters reflect on the current state of Canadian politics.

"It's always on message and there's no heart in it anymore," she says.

If her potential future hobbies of tap dancing, yodelling and puppetry are not enough to pave her way to Ottawa, Brown-Hodges believes her wounded ego will eventually heal if there's a good voter turnout in Kings-Hants.

TC MEDIA

CRIME

Police arrest four on gun charges

Four people were taken into custody following a complaint of a male brandishing a gun on Hickman Street in Amherst.

Shortly before 1 p.m. on Wednesday, Amherst Police responded to a complaint at a residence on Hickman Street that several males arrived at the door, one of whom

flashed a firearm.

Prior to the police arriving, the suspects left the scene in multiple vehicles.

As a result, a vehicle was stopped on Mission Street and one male was taken into custody.

About 30 minutes later a second suspect vehicle was located in a downtown park-

ing lot.

Members of the Amherst Police Department and the Cumberland Street Crime Enforcement Unit arrived and three males were arrested and taken into custody at gunpoint.

The matter is currently still under investigation.

TC MEDIA



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WEATHER SUNNY SKIES SUSTAINED A couple enjoys a walk along the Dartmouth waterfront on Thursday. Temperatures soared to the high 20s Thursday, and the summery weather is supposed to continue through much of the weekend. JEFF HARPER/METRO

Murder suspect applies for bail

COURTS

Dal student's chances of leaving jail not good: Lawyer



Zane Woodford
Metro | Halifax

The man accused of killing a fellow Dalhousie student in Halifax last month has applied for bail.

William Sandeson, 22, is charged with first-degree murder in the Aug. 15 killing of Taylor Samson, also 22.

On Thursday, Sandeson's lawyer Eugene Tan went to

Nova Scotia Supreme Court in Halifax and asked for a bail hearing for his client.

That hearing was set for Oct. 21 and 22 in Supreme Court.

Tan said his client will be pleading not guilty and said it's "probably unlikely" that bail would be granted.

Sandeson's case is due back in provincial court in Halifax for a pre-trial hearing on Sept. 24, pending disclosure of evidence from the Crown.

On Sept. 2, the day of Sandeson's last court appearance, Tan told reporters he'd been given little disclosure about what police found at the alleged murder scene. He said he hoped police would hand over their forensic evidence, along with any videos or photos they

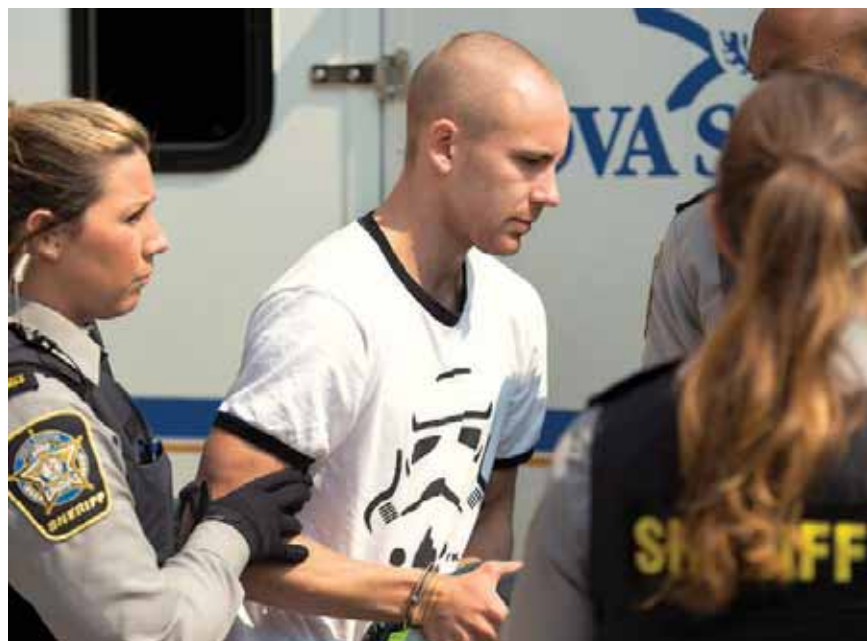
+ CUSTODY

William Sandeson will remain in jail at the Central Nova Correctional Facility in Burnside until his bail hearing.

may have of the scene.

Tan expressed concern that the scene — Sandeson's apartment — had been tampered with, after the landlord renovated and repainted the apartment.

Investigators searched two properties in Truro earlier this month, saying they discovered several items of interest but that Samson's remains had not been found.



William Michael Sandeson leaves Halifax provincial court on Sept. 1. Sandeson has been charged with the Aug. 15 killing of Taylor Samson. JEFF HARPER/METRO

IN BRIEF

Man apparently falls to death off parkade

Halifax police say they are investigating the death of a man found lying on the ground outside a parkade.

Officers responded to a report of a man who had fallen off the roof of the parkade at 1557 Granville St. just before 1 p.m. Thursday. Police say a citizen was already performing CPR on the victim as officers arrived.

Authorities say there is nothing to suggest foul play. THE CANADIAN PRESS

FOREST HILLS

Hunt on after one night graffiti spree

Police in Halifax are investigating a rash of vandalism that happened over one night in Cole Harbour this week.

At some point overnight on Wednesday, Halifax RCMP said a person or persons spray-painted graffiti on the doors and sidings of three homes on Havelock Crescent in Forest Hills.

Seven cars parked along the street were also spray-painted, RCMP said.

RCMP said they believe the culprit broke into a shed on one of the properties and stole a can of primer paint.

This was used to spray random markings on the homes and vehicles, police said.

Anyone who may have witnessed these crimes, or has information about them, is asked to contact the RCMP at 902-244-7208 or to send an anonymous tip to Crime Stoppers. METRO

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WATER TREATMENT ENVIRONMENTALLY-FRIENDLY BEER Workers ready a huge 21-metre long storage tank before it gets installed at the Oland Brewery on Thursday. The company is installing six tanks like this as part of an upgraded biological treatment system, which treats wastewater from the beer making process before it enters the municipal sewage system.

JEFF HARPER/METRO

Have your say

PLANNING

Public meeting scheduled for Sept. 23 at museum



Stephanie Taylor
Metro | Halifax

Next week, residents in Halifax will be able to have their say about new plans for the city's downtown.

Called the Downtown Halifax Plan, the city said a five-year review of related planning documents has been undertaken for the sake of improvement in order to better guide new development in the area, while maintaining the heritage character of the district.

Generally, the review provides an opportunity for city staff to "address any gaps in the policies and regulation, and ensure that the plan continues to reflect the goals and objectives of the community," according to a re-

+ BACKGROUND

The city asks anyone who is unable to attend next week's meeting to check out the plan online and fill out a survey at shapeyourcityhalifax.ca/downtownplanreview

lease issued Thursday.

A public meeting is scheduled to take place next Wednesday, Sept. 23 at the Maritime Museum of the Atlantic from 6-9 p.m.

EVENT

Kick up your heels at Celtic Fest

Toes will be tapping and tunes soaring this weekend at the third-annual Halifax Celtic Festival.

Running through Sunday, the Halifax Forum Multipurpose Centre will be home to most events as the Celtic Cultural Society of Nova Scotia plays host to dozens of musicians, food

vendors and dancing.

Things kick off Friday at noon in Grand Parade with a flag raising, musical performance and reception in City Hall.

Friday night will see a Cape Breton frolic with dance groups and pipers, while Saturday will have music going all day from

11 a.m. and Gaelic games until the kitchen party featuring Còig and Evans & Doherty.

Anyone can try their hand at hurling, Celtic stick fighting, or Gaelic football on Sunday at the Halifax Wanderers Grounds from 9 a.m. to 4 p.m.

METRO

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Harper and Mulcair score

LEADERS' DEBATE

Trudeau fails to deliver during feisty ideas exchange



Steve Rennie
Metro | Ottawa

This was the debate performance Stephen Harper probably wanted to have. This was the debate performance Tom Mulcair probably needed to have. This was the debate performance Justin Trudeau probably wants to have back.

The Globe and Mail leaders' debate might have been the ultimate test of who could talk over each other the loudest. Moderator David Walmsley, the newspaper's editor-in-chief, had about as much authority over the leaders as the referee in a professional wrestling match. He lost control early on and never got it back. All the cross talk made it difficult to hear the leaders at times. It was a far cry from the relative civility of the earlier Maclean's debate.

Here's my scorecard on the leaders' debate performances:

Stephen Harper

The challenge

The Conservative leader went into this debate buoyed by Finance Department numbers showing the government had a \$1.9-billion surplus for 2014-15 instead of a predicted shortfall. It put an end to a streak of six straight years of gradually shrinking deficits under the Harper government. The surprise surplus also let Harper change the channel on some of the other issues — most recently, the government's response to the Syrian refugee crisis and news coming out of the Mike Duffy trial — that



NDP Leader Tom Mulcair, Liberal Leader Justin Trudeau and Conservative Leader Stephen Harper are seen at various points during Thursday's Globe and Mail leaders' debate in this photo illustration. SEAN KILPATRICK/THE CANADIAN PRESS

have derailed the Conservative campaign. Harper's biggest challenge was convincing Canadians that the Conservatives are still the best party to trust to manage the economy.

The performance

Harper was clearly in his element talking about the economy. He went on the attack early, claiming the NDP's plan to hike corporate taxes would put countless people out of work. He was equally aggressive going after Trudeau over his comment that wealthy Canadians use the small business tax rate to avoid taxes. He knew when to let Trudeau and Mulcair tear into each other, and came out of this debate looking no better or worse than he did going in, which — after a cam-

paign that hasn't gone as well as the Conservatives had hoped — can be considered a win.

Tom Mulcair

The challenge

One of the big challenges in this debate was to ease any lingering doubts about an NDP government's ability to be prudent fiscal managers (especially in Ontario. Mulcair's New Democrats have promised to balance the books in 2016-17 — but there are still lingering questions about how they would pay for all their campaign promises.

The performance

Mulcair looked much more relaxed than he did in the first leaders' debate, even cracking jokes at times. Like Harper, he knew when to attack and when

to sit back and let Harper and Trudeau duke it out. He was able to fend off the Harper's attacks on the NDP's plan to raise corporate taxes to pay for a suite of new spending programs. This was the performance he needed to give to appeal to undecided voters.

Justin Trudeau

The challenge

Trudeau is the only party leader promising to run deficits of up to \$10 billion for the next three years to stimulate the economy with massive spending on infrastructure. It's a risky gambit, one the Liberals hope will entice voters who see the value in spending big if it means easing traffic congestion or upgrading sewer systems. The Liberal leader also had to

contend with charges from his rivals that he's not ready to be prime minister, and so this debate was a chance for him to show Canadians that he has the economic bona fides for 24 Sussex.

The performance

The style that helped Trudeau in the last debate didn't work as well in this format. His interruptions were grating in a debate that was already putting the audience's patience to the test, he spoke a mile a minute and many of his lines seemed too rehearsed. He was certainly the most animated of the leaders. But he also didn't do any grievous harm to himself, and he managed to get in a few good shots at Harper and Mulcair, so it wasn't all bad.

“
I've never said things were great in the Canadian economy.
Stephen Harper

“
Mr. Harper sees the environment and the economy as polar opposites.
Thomas Mulcair

“
This is the time to invest in the future of our country. Canadians know this.
Justin Trudeau

Stephen Harper: B

Tom Mulcair: B

Justin Trudeau: C+

+ READY TO ENGAGE

Starting Monday and running through election day: A daily package of election coverage focusing on the issues that matter to the modern urban voter.

TWITTER

#GlibAndMale: May crashes the #elxn42 debate



Colin McNeil
Metro | Toronto

Elizabeth May doesn't take 'no' for answer.

The Green party leader teamed up with Twitter to force her way into a debate she wasn't invited to yesterday.

Responding in real time, Liz was sharp in her tweeted video responses to questions on the economy. Her first response came eight minutes into the program, pumping out 25 short videos during the two-

Elizabeth May: B-

hour broadcast.

The Saanich-Gulf Islands MP directly attacked two of the Big Three leaders, criticizing the Prime Minister on his "rip and strip" resource management and Mulcair on his cap and trade carbon tax policies.

Tweets supporting May's guerilla-style debating flooded in by the hundreds during the forum, with the search term "Elizabeth May" neck and neck with the

official #GlobeDebate hashtag in terms of activity.

The most shared tweets on that official hashtag were all Elizabeth May videos as of half-time. May's own parody, #GlibAndMale, started trending just a few minutes in.

Her most popular response was a video about the urgency of climate change, which had 150 retweets.

But using Twitter as your mouthpiece has its downfalls. May's videos and info-graphics couldn't get out fast enough to keep up with the live stream, and she sometimes veered off topic.



Elizabeth May records a video to be uploading to Twitter during the leaders' debate. CHAD HIPOLITO/THE CANADIAN PRESS

WHERE THE
LEADERS ARE
ON FRIDAY

• **Stephen Harper** will be in Calgary and Toronto

• **Justin Trudeau** will be in Montreal

• **Tom Mulcair** will be in Regina

• **Elizabeth May** will be in Brentwood Bay, B.C.

Manitoba steps up support

REFUGEES

Government is pledging more money, health care for crisis

The Manitoba government promised money for Syrian refugees Thursday — up to \$1.4 million for relief overseas and support programs for those who make it to Manitoba.

Premier Greg Selinger announced an immediate infusion of \$200,000 for non-profit groups delivering aid to Syrians on the front lines.

Other money will be available for settlement programs and social services for refugees once they are in Manitoba. The services would include health-care programs that have been cut for refugees by the federal government, Selinger said.

"The federal government decided not to provide them health-care benefits. We are going to provide them, through our universal health care system, (and) support in schools, support in finding a job and



Manitoba's Greg Selinger, left, with Nova Scotia's Stephen McNeil at the closing news conference of the summer meeting of Canada's premiers in St. John's, N.L., in July.

ANDREW VAUGHAN/THE CANADIAN PRESS FILE

settling in our community."

Selinger recently announced \$40,000 to help churches and

non-profit groups sponsor refugees from Syria, and has called on the federal government

to boost refugee numbers so that Manitoba can double the 1,500 refugees a year it cur-

"We are going to provide (health-care benefits) ... support in schools, support in finding a job and settling in our community."

Manitoba Premier Greg Selinger

rently accepts.

Robert Granke, executive director of Canadian Lutheran World Relief, said his group has been on the ground in and around Syria since 2012.

He said the additional money announced Thursday will mean more shipments of humanitarian supplies to the growing masses of refugees.

"It's included things like provision of food vouchers, renovations of shelters in host communities, provisions of essentials like hygiene kits and heaters, as well as shipments of blankets, sweaters and school kits."

THE CANADIAN PRESS

IN BRIEF

Parents drop fight to treat baby with cannabis oil

Parents of a severely ill baby girl in British Columbia have dropped a court action seeking greater control of her care, including the right to treat her with cannabis oil.

Justin Pierce and Michelle Arnold withdrew their application to share custody of their five-month-old daughter with B.C.'s Ministry of Children and Family Development on Wednesday.

The parents' lawyer, Erin Haupt, says Mary Jane Pierce has been breathing on her own without a ventilator for two weeks.

THE CANADIAN PRESS

Quebec wants bolder greenhouse-gas cuts

Quebec has introduced bolder targets for reductions in greenhouse-gas emissions by 2030.

Environment Minister David Heurtel said Thursday he wants emissions cut by 37.5 per cent when compared with 1990 levels. Public consultations will take place this fall.

THE CANADIAN PRESS

FEDERAL ELECTION

Candidate wants apology, saying incumbent spouted obscenities



Elisha Dacey
Metro | Winnipeg

A Green party candidate for Winnipeg Centre is demanding an apology, claiming the

sitting MP deliberately "jabbed his ribs" and called him names.

"I demand an apology from the NDP MP for his behaviour last night," said Don Woodstock in a statement sent to media Thursday. "I couldn't believe it. Pat Martin, the in-

cumbent, elbowed me in the ribs, and called me a f—g p—k!

"I am not the only one who saw it, we have video evidence, and a young reporter with (the) alternative media came up to me after the debate and told us he had seen and heard it, too."

In a video on Vine shared in social media circles, Pat Martin can be seen and heard swearing at the candidate.

"Son of a b—h. You son of a b—h," Martin says while sitting behind a microphone at Portage Place during the Down-

town Winnipeg BIZ association's debate about downtown issues. Martin made the comments after Woodstock and Liberal candidate Robert Falcon Ouellette accused him of not truly living in the riding.

Metro Winnipeg sponsored

the debate and columnist Shannon Van Raes moderated it.

Woodstock said he has sent a letter to NDP leader Thomas Mulcair asking for Martin's removal.

Martin was not immediately available for comment.

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A woman walks past a car that was propped up in mid-air by an earthquake-triggered tsunami in the coastal town of Coquimbo, Chile, Thursday. LUIS HIDALGO/THE ASSOCIATED PRESS

Chile has become earthquake expert

PREPARATION

Damage level from huge shake called relatively low

Parts of the port city of Illapel, Chile, were a disaster zone Thursday after an 8.3-magnitude quake hit off the coast, killing at least 11 people and likely causing billions in damage. Overturned cars and splintered boats sat mud next to furniture, toppled adobe homes and fishing nets tangled in trees.

The most stunning thing about Wednesday night's earthquake, however, may be the relatively low amount of havoc caused by such a powerful shake.

While the quake led more than one million to evacuate coastal areas, seismologists

said Chile's heavy investment in structural reinforcement of buildings and constant refinement of its tsunami alert system helped prevent what would have been a catastrophe in less prepared nations.

"Chile has good codes and good compliance, which together have reduced the vulnerabilities of their building stock over the decades," said Richard Olson, director of Florida International University's Extreme Events Institute. "I would rather be there in one of their cities than in many other countries in an earthquake."

Living in one of the world's most seismically active places, the Andean nation's 17 million people have little choice but become experts in earthquakes. The strongest earthquake ever recorded happened in Chile: a magnitude-9.5 tremor in 1960 that killed more than 5,000 people.

After another major earthquake in 1985, authorities began implementing strict construction codes similar to those used for highly seismic regions in the United States such as California, said Kishor Jaiswal, a civil engineer with the U.S. Geological Survey.

Most buildings in urban areas of Chile are designed to withstand both the vertical forces of gravity and the horizontal jolts that an earthquake inflicts. Building methods in many other developing countries can withstand gravity and wind but have limited resistance against very strong earthquakes.

Wednesday's quake lasted a nerve-shattering three minutes, swayed buildings in the capital, Santiago, and prompting authorities to issue a tsunami warning for the country's entire Pacific coast.

THE ASSOCIATED PRESS

INFERTILITY

In-vitro human sperm created

A French startup working with a top government lab said it has developed in-vitro human sperm, claiming a breakthrough in infertility treatment sought for more than a decade.

Researchers with Kallistem had announced the discovery previously, but they and French government lab CNRS described how it works for the first time Thursday after taking out a patent on the process.

They have developed sperm from immature cells known as spermatogonial cells, which are present in all males, including

prepubescent boys, and under normal conditions develop into sperm cells once puberty starts. The technology must now be clinically tested.

Philippe Durand, the chief Kallistem researcher, said the genesis of the research was indications that male fertility was declining, which he said could be attributed to environmental factors.

Since "at the heart of the problem is the interior of the testicle," he said, that was what they first tried to replicate in the lab.

The research team developed a bioreactor using a viscous fluid made partly of substances found in the walls of mushrooms or in crustacean shells to reproduce the conditions within the body. They first used rat cells, then young monkey cells, then finally human cells.

CNRS researcher Marie-Helen Perrard, who also helped found Kallistem, said young men with cancer that could cause fertility issues would be the first type of patient who could be helped by the process.

THE ASSOCIATED PRESS

Croatia reels over influx of refugees

MIGRANT CRISIS

Dozens hurt as 8,900 asylum seekers run to buses, trains

Croatia staggered Thursday as thousands of asylum seekers poured in from Serbia. Dozens were injured or trampled in a mad rush to get on the few buses and trains authorities could provide, and some police even stood behind trees to protect themselves from the melee.

The Balkan nation has suddenly become the latest hot-spot in the 1,000-mile plus exodus toward Western Europe after Hungary sealed off its border Tuesday with a razor-wire fence and then used tear gas, batons and water cannons to keep the migrants out.

Croatia represents a longer and more arduous route into Europe but those fleeing violence in their homelands had

little choice. Police said over 8,900 people had entered in the last two days.

After bus trips through Serbia, many migrants crossed fields on foot to enter Croatia, where dozens of police directed them to trains and buses heading to refugee centres. Authorities warned them to avoid walking in areas along the Serbian border that were still being demined from the country's 1991-95 war.

Early on things were calm, but they soon got out of control.

Hundreds of angry asylum seekers pushed through police lines in the eastern Croatian town of Tovarnik after waiting for hours in the hot sun, demanding to be allowed to move on toward Western Europe. An Associated Press photographer saw one man collapse on the ground and dozens injured.

More than 2,000 men, women and children had been stuck at the local train station for hours. When buses finally arrived, groups charged



I believe we have a moral duty (to) offer them protection.

Dimitris Avramopoulos,
European Union's migration commissioner

toward them, overwhelming Croatian police. The situation calmed down but some migrants moved off on foot, with police unable to stop them.

Hundreds of other asylum seekers came over a Danube River bridge to the northern Croatian town of Batina after being bused there by Serbs, overwhelming the local police.

The migrants are unlikely to stay long in Croatia, where they must be registered. They can ask for asylum in Croatia, but almost all plan to travel on, passing through Slovenia and then Austria en route to Germany or the Scandinavian countries. THE ASSOCIATED PRESS



PLUTO CAN YOU HEAR ME, MAJOR TOM? The newest pictures of Pluto are so up-close and personal that the mission's top scientist says it "makes you feel you are there." Principal scientist Alan Stern says the pictures shed new light on Pluto's mountains, glaciers and plains.

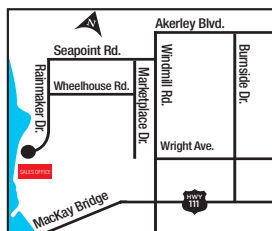
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SCHEDULE

SEPTEMBER 17-24, 2015

ATLANTICFILM.COM



REEL EAST COAST FESTIVAL LOUNGE

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Located in the epicentre of the Atlantic Film Festival at the Lord Nelson Hotel is the Reel East Coast Festival Lounge. Join us in our "living room" as we celebrate the launch of the Reel East Coast (REC) program in partnership with CBC. Reel East Coast is a primetime TV series with 4 one-hour episodes celebrating Atlantic Canadian short films, hosted by Newfoundland's Allan Hawco. With REC episodes screening continuously and Festival events scheduled throughout the week, this is the place to meet some friends, grab a drink and catch your breath. We have made this 2,000 square foot space a large living room with projection screens, comfortable furniture and mobile phone/computer charging stations to make your stay just right. The Reel East Coast Festival Lounge is open all week to pass holders and the general public. Drop by for some down-east hospitality and watch some of the dedicated talent from Atlantic Canada.

REC
REEL EAST COAST



SEPTEMBER 18, 19, 20

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WIFT-ATLANTIC RECEPTION - MUSSEL BAR

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Saturday, September 19, 4:00PM

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DGC MEET THE DIRECTORS



The Lord Nelson Hotel & Suites
Sunday, Sept. 20, 1:00PM

The Directors Guild of Canada invites you to join filmmakers Stephen Dunn (Closel Monster), Jeremy Lalonde (How to Plan an Orgy in a Small Town) and Donna Davies (Fanarchy) in a candid discussion about the filmmaking process. Moderated by DGC Director and AFF alumni Deanne Foley (Relative Happiness).

35TH ATLANTIC FILM FESTIVAL AWARDS RECEPTION



Imperial Ballroom, Lord Nelson Hotel
Sunday, September 20, 4:30PM

FRIDAY, SEPTEMBER 18

ONLINE BOX OFFICE ATLANTICFILM.COM

ATLANTIC FILM FESTIVAL

	11 AM	11:30 AM	NOON	12:30 PM	1 PM	1:30 PM	2 PM	2:30 PM	3 PM	3:30 PM	4 PM	4:30 PM	5 PM	5:30 PM	6 PM	6:30 PM	7 PM	7:30 PM	8 PM	8:30 PM	9 PM	9:30 PM	10 PM	10:30 PM	11 PM	11:30 PM	MIDNIGHT	12:30 AM
PARK LANE THEATRE 4							Entertainment Runtime 112 minutes 1:30PM Page 61				The Keeping Room Runtime 91 minutes 4:00PM Page 64					The Lady In The Van Runtime 104 minutes 6:30PM Page 29					Fanarchy Runtime 69 minutes 9:00PM Page 35							
PARK LANE THEATRE 5							Frame By Frame Runtime 11 minutes 2:00PM Page 70				Selling Sex Runtime 61 minutes 4:30PM Page 56					La Famille Beller Runtime 101 minutes 6:45PM Page 62					Fanarchy Runtime 18 minutes 9:00PM Page 35							
PARK LANE THEATRE 6																							AFF Late Night: Quickies Runtime 62 minutes 10:00PM Page 78					
PARK LANE THEATRE 7											Experimenter Runtime 94 minutes 3:45PM Page 61					Closet Monster Runtime 94 minutes 7:00PM Page 15						Brooklyn Runtime 103 minutes 9:30PM Page 27						
PARK LANE THEATRE 8										Reel East Coast Showcase 1 Runtime 77 minutes 1:30PM Page 41					Closet Monster Runtime 16 minutes 7:00PM Page 15							Brooklyn Runtime 103 minutes 9:30PM Page 27						

SATURDAY, SEPTEMBER 19

ONLINE BOX OFFICE ATLANTICFILM.COM AND TICKETPRO.CA

ATLANTIC FILM FESTIVAL

	11 AM	11:30 AM	NOON	12:30 PM	1 PM	1:30 PM	2 PM	2:30 PM	3 PM	3:30 PM	4 PM	4:30 PM	5 PM	5:30 PM	6 PM	6:30 PM	7 PM	7:30 PM	8 PM	8:30 PM	9 PM	9:30 PM	10 PM	10:30 PM	11 PM	11:30 PM	MIDNIGHT	12:30 AM
PARK LANE THEATRE 4							Studio Black! Runtime: 58 minutes									Undone Runtime: 81 minutes				This Changes Everything Runtime: 89 minutes								
							2:00PM		Page 57							6:30PM		Page 35				9:15PM		Page 31				
PARK LANE THEATRE 5					Welcome To This House: A Film On Elizabeth Bishop Runtime: 78 minutes						Shorts 1 Runtime: 21 minutes					Undone Runtime: 81 minutes				Une Histoire De Fou Runtime: 104 minutes								
					1:00PM		Page 73				3:45PM		Page 74			6:30PM		Page 35			9:00PM		Page 63					
PARK LANE THEATRE 6																NIFCO 40th Anniversary Runtime: 98 minutes		Page 34			Strange and Familiar: Architecture On Fog Island Runtime: 32 minutes		Page 57					
PARK LANE THEATRE 7				Scars Of Shame Runtime: 45 minutes				Fire Song Runtime: 31 minutes				How To Plan An Orgy In A Smalltown Runtime: 101 minutes					Into The Forest Runtime: 101 minutes		Page 17			Kooperman Runtime: 74 minutes		Page 36				
				12:00PM		Page 56		1:45PM		Page 62		4:00PM		Page 63			7:00PM					9:45PM						
PARK LANE THEATRE 8				Reel East Coast Showcase 2 Runtime: 72 minutes								Reel East Coast Showcase 3 Runtime: 66 minutes					Into The Forest Runtime: 101 minutes		Page 17			Green Room Runtime: 94 minutes		Page 61				
				12:30PM		Page 42						3:30PM		Page 43			7:00PM		Page 17			10:00PM		Page 61				

SUNDAY, SEPTEMBER 20

ONLINE BOX OFFICE ATLANTICFILM.COM AND TICKETPRO.CA

ATLANTIC FILM FESTIVAL

	11 AM	11:30 AM	NOON	12:30 PM	1 PM	1:30 PM	2 PM	2:30 PM	3 PM	3:30 PM	4 PM	4:30 PM	5 PM	5:30 PM	6 PM	6:30 PM	7 PM	7:30 PM	8 PM	8:30 PM	9 PM	9:30 PM	10 PM	10:30 PM	11 PM	11:30 PM	MIDNIGHT	12:30 AM
PARK LANE THEATRE 4							My Week On Welfare Runtime 61 minutes 2:00PM Page 56					No Place To Hide: The Robtash Parsons Story Runtime 68 minutes 4:30PM Page 56				Your Money Or Your Wife Runtime 76 minutes 6:30PM Page 38					Reel East Coast Showcase 5 Runtime 71 minutes 9:00PM Page 45							
PARK LANE THEATRE 5							Victoria Runtime 142 minutes 12:10PM Page 67				How To Change The World Runtime 118 minutes 3:45PM Page 71					The Stanford Prison Experiment Runtime 122 minutes 6:45PM Page 67					The Saver Runtime 91 minutes 9:15PM Page 66							
PARK LANE THEATRE 6						Very Semi-Serious Runtime 61 minutes 12:00PM Page 73					One Floor Below Runtime 11 minutes 3:30PM Page 65					Avril Et Le Monde Truqué Runtime 10 minutes 6:15PM Page 60					Floride Runtime 71 minutes 8:30PM Page 62							
PARK LANE THEATRE 7						Shorts 2 Runtime 12 minutes 1:00PM Page 75					Wayne's Deer Runtime 24 minutes 4:00PM Page 38											Room Runtime 118 minutes 9:30PM Page 31						
PARK LANE THEATRE 8										Reel East Coast Showcase 4 Runtime 61 minutes 2:30PM Page 44												Room Runtime 118 minutes 9:30PM Page 31						

GALA

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MOBILE DEVICES

Amazon undercuts Apple with \$50 tablet

Amazon is dangling a \$50 US tablet computer in its latest attempt to lure consumers who can't afford or don't want the more expensive Internet-connected devices made by Apple and other rivals.

The seven-inch Fire tablet unveiled Thursday marks Amazon's most aggressive attempt yet to undercut Apple, which has been the market leader since its first iPad went on sale five years ago. The least expen-



Amazon's \$50 Fire tablet.

ERIC RISBERG/THE ASSOCIATED PRESS

sive iPad Mini, which has an eight-inch screen, currently sells for \$270.

Amazon.com Inc. isn't trying to persuade anyone that its cheap tablet matches the quality of its own sleeker, higher-priced Fire HD alternatives, let alone the top-selling iPad line.

But the Seattle company is counting on the new tablet's low price to encourage more people to buy a device that will hook them on watching video, reading books, playing games and shopping on a computer that's easy to carry wherever

they go. In the process, Amazon is hoping consumers will buy more digital goods and merchandise from its store while also subscribing to its \$100-per-year Prime service that offers a mix of videos, music and free shipping.

As with its previous low-priced tablets, the new Fire device will show ads on its screen saver. Avoiding the ads will cost an additional \$15.

THE ASSOCIATED PRESS



Credit expert Pamela George recommends saving three to six months of net income for unforeseen bills. THE CANADIAN PRESS FILE

Emergency fund vital: Counsellor

PERSONAL FINANCE

Many don't have enough for unexpected expenses

Credit counsellor Pamela George has seen clients get into trouble for want of \$500 and others who have been forced to resort to a payday loan to treat a sick pet.

Without even a small emergency fund, George says, an unexpected expense can spur "a dangerous downward spiral."

That's why George, with the Credit Counselling Society, says everyone needs an emergency fund for when they hit one of life's speed bumps like the loss of a job, urgent home repairs or other unanticipated expenses.

How much you need depends on your personal situation, but she recommends the equivalent

of three to six months of your net income.

For someone earning about \$50,000 a year, that means putting aside between \$10,000 and \$20,000.

"Start small," she said, recommending an initial target of \$1,000. "Put aside \$50 per paycheck, eventually that adds up to \$1,000. When you've met the \$1,000, say: 'Now I'm going to aim for \$2,000.'"

Selling things you don't need online or getting a second job may also be options to jumpstart an emergency fund.

A survey done for the Bank of Montreal suggested 24 per cent of Canadians have little put aside in an emergency fund, and roughly 56 per cent have less than \$10,000 saved for unexpected expenses. Medical expenses, job loss, major car repairs and unexpected home repairs were cited as the top emergency concerns by those surveyed. THE CANADIAN PRESS

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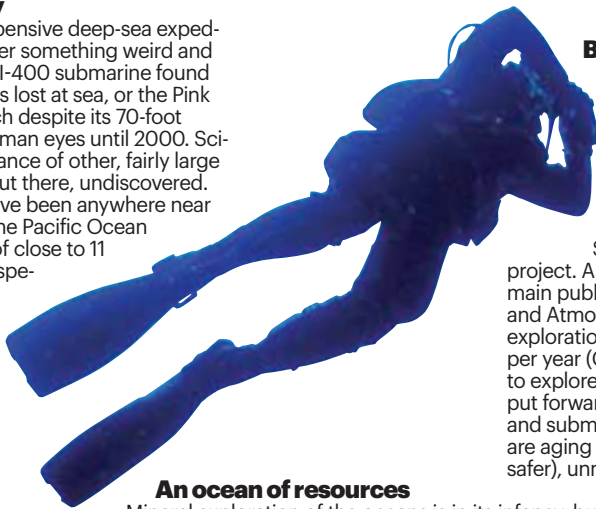
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COOL SCIENCE

THE BIG THING: IS DEEP SEA THE NEXT FRONTIER?

Hostile territory

Every dangerous, expensive deep-sea expedition seems to uncover something weird and wonderful — like the I-400 submarine found in 2005 after 64 years lost at sea, or the Pink Meanie jellyfish, which despite its 70-foot tentacles, evaded human eyes until 2000. Scientists see a solid chance of other, fairly large “sea-monsters” still out there, undiscovered. Only three people have been anywhere near the deepest part of the Pacific Ocean — a dark, cold drop of close to 11 kilometres. If not for specially designed pods they used, the pressure would have crushed them in an instant.



An ocean of resources

Mineral exploration of the oceans is in its infancy, but the resources — and wealth — are undoubtedly vast. This past summer, the advocacy group Mining Watch Canada called on the International Seabed Authority to put a moratorium on exploration licences for deep-sea mining — it has already given out 27 to companies around the world.

It was supposed to be. Humans have explored less than five per cent of the world's oceans, which contain an estimated three-quarters of a million species as yet unknown to science. Not to mention the wealth of mineral and energy resources bound to be fought over in the coming years. But after a boom a few years ago, interest and money for deep-sea research has dried up. Plans are in the works to send people to Mars, but we still know very little about the depths of our own planet.

Bottomed out

A few years ago, science seemed on the cusp of a privately funded deep-sea exploration boom. There was James Cameron's \$10-million adventure in the Western Pacific in 2012, Virgin Airlines founder Richard Branson's \$17-million Virgin Oceanic submarine in 2009, and Google chairman Eric Schmidt's \$40-million Deep Ocean project. All that money has now dried up. The main public sea agency, the U.S. National Oceanic and Atmospheric Administration, has slashed its exploration budget dramatically to just \$26 million per year (Compare that to the \$4 billion NASA gets to explore space). Why? The argument generally put forward is that sea exploration is dangerous, and submarines like the Canadian-built Pisces IV are aging and being replaced by less effective (but safer), unmanned robots. SOURCE: NEW YORK TIMES

You have something to add to Canadian science

THE SCIENCE

Stephanie Orford



This week in Calgary, a science festival called Beakerhead is smashing any preconceptions you ever had about science being boring, for nerds or for boys.

For the third year in a row, this melting pot of more than 60 events across the city shows you can find science

The more science you understand, the better equipped you will be to make decisions for yourself, the people you care about and your country.

anywhere.

One event, Late Night Labs, brings visitors into five different research labs where they make something together, such as ice cream or a silver-plated bracelet charm. Are you on a date or is it science? Both!

Another workshop, An Introduction to your Nose, helps people sniff out the science behind skin-care products and how they interact with your body.

Welcome to Canada's new science culture. It's everywhere and you're part of it.

Last year a report on science culture published by the Council of Canadian Academies found that, although overall Canada's science culture is strong relative to other countries, 72 per cent of Canadians couldn't define what a molecule was, and 49 per cent couldn't describe DNA.

Canada has gained a reputation as the country that “muzzles” publicly funded scientists, preventing them from

sharing their findings and voicing their opinions freely to media.

Our country has received several international mock “awards” that call out governments for failing to act on climate change and loss of biodiversity.

You have a lot to add to this conversation.

You don't necessarily need to become an activist. But indulge your curiosity. Wonder, discover, keep asking questions. What sparks your imagination? What makes you laugh? What are you passionate about? Whatever it is, there's science in it.

The more science you understand, the better equipped you will be to make decisions for yourself, the people you care about and your country.

“No government, no corporation, no one person can write a plan for how to create a science culture because it isn't a strategy. It's a way of living

and breathing and interacting. It's culture,” says Mary Anne Moser, CEO and co-founder of Beakerhead.

Science museums, movies, podcasts, festivals and every other creative form of science exploration spark that Zen moment of science. Engage in science, and you'll find yours.

It's the epiphany where you see the seemingly small, seemingly meaningless thing you're doing is deeply connected with the workings of a wider world, and all its intricacies and mysteries.

It's the moment when you realize just how damn cool this is.

Stephanie Orford is a Vancouver-based writer. This is the final edition of The Science.



Planning to vote? No? What's your excuse? Visit metronews.ca to answer our poll.

metroview

I'm Chinese-Canadian, but I'm not a tiger parent. Here's why.



Catherine Little
For Metro

Would you be more impressed if your child was a gymnast or a juggler? A chess champion or a Pokémon master? A good pianist or a great gamer?

I've written before that I don't limit my 13-year-old's gaming. With fall activities about to begin, I've been thinking about the hierarchy of options and what they say about my parenting.

I consider myself a supportive mom. I try to understand what my son likes. I try not to judge what he wants to do with his spare time. I don't force him to take lessons he is not interested in.

In his case, this meant quitting choir, continuing swimming and never even starting piano. Chess and Pokémon coexisted for awhile, and his house-league baseball career began this year.

Having immigrated to Canada in the early 1970s, my parents couldn't afford extracurricular activities for me. They were strict, but I always knew I would have whatever I needed to do well in school.

When Amy Chua's book *Battle Hymn of the Tiger Mom* came out in 2011 — it was all about pushing her daughters to extreme levels of achievement, without much regard for the kids' wishes — I worried I wasn't pushing my son enough. If all of the other Chinese moms were parenting this way, was I being negligent? How was he going to

compete with children whose screen time was limited? Why was he wasting time at sleepovers? Should I be less supportive, more authoritative?

Well, turns out there was an actual study that looked into tiger parenting. It found that children who had extremely strict, pushy parents were less well-adjusted, more alienated from their parents and felt less family obligation. The kicker: Children of tiger parents didn't even have the highest GPAs.

The researchers, writing in the *Asian American Journal of Psychology* in 2013, advise parents to be warm, not cold. Explain instead of yelling. Allow appropriate independence. Don't expect unquestioned obedience. And don't shame your children by comparing them to others. That's how I like to be treated.

Would I have liked my son to be a gymnast or pianist? Sure. It might have been nicer than spending my afternoons in trading card shops. Was I disappointed he wanted to stop choir? Maybe a little, but it was time. The commitment was growing. Singing had become a chore. Now, he's regaining his enjoyment. Recently he has started breaking into spontaneous song again.

Activities seem like a reasonable place for appropriate independence. My son is a great juggler, competent at chess and a soon-to-be expert gamer. We have both competed in Pokémon card tournaments. He still tells people about the time his mom beat a top-ranked player. But that's another story.

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PHILOSOPHER CAT
by Jason Logan





Johnny Depp in *Black Mass* as psychopathic gangster Jimmy 'Whitey' Bulger, a role that has the *Pirates of the Caribbean* star being taken seriously again as an actor. CONTRIBUTED

Dealt a good hand as a bad guy

JOHNNY DEPP

Goodbye Jack Sparrow, hello Oscar-worthy crime boss

Richard Crouse
For Metro Canada



Black Mass sees Johnny Depp playing Jimmy 'Whitey' Bulger, a crime lord-turned-FBI-informant who ruled South Boston and was also the inspiration for Jack Nicholson's character in *The Departed*.

Bulger was a community-minded cold-blooded killer. He loved his neighbourhood, kids, cats and choking people to death with his bare hands.

Depp says "a responsibility to history and truth to some degree" was very important to him going into the project.

"When you're playing someone who exists or existed," he says, "there's a tremendous kind of amount of responsibility, at least for me, no matter whether they're deemed good or bad or whatever. You have a responsibility to that person."

The 52-year-old actor's performance is already earning early Oscar buzz for the chilling authenticity he brings to a man



MOVIE RATINGS by Richard Crouse

Black Mass ★★★★★
Everest ★★★

HOW RATING WORKS
★★★★★ SEE IT
★★★★ WORTHWHILE
★★★ UP TO YOU
★ SKIP IT

described in the film as "ripened psychopath."

Director Scott Cooper says, "I don't think people come to narrative features for the facts, or for truth. I think you go to documentaries for that. What you do come to narrative features for is psychological truth, emotion and deep humanity. I did not want to make a film

strictly about criminals who happened to be humans. I wanted to make a film about humans who happened to be criminals."

Like many underworld figures, Bulger created his own mythology based on his exploits, making it difficult for co-screenwriter Mark Mallouk and Cooper to discern what was true and what wasn't.

"Jimmy Bulger had his version of the truth which was different from (accomplice) Stephen Flemmi's," said the director, "that was different from (henchman) Kevin Weeks and (hitman) John Martorano. I had to determine what was the story I was going to tell ... and tell it as accurately as I could from a very emotional place."

It's a hard-edged tale to be sure, fuelled by Bulger's violent and grim behaviour, but Depp found it best not to judge the character.

"I don't think any of us wake up in the morning and say, 'I'm so evil. I'm so horrible,'" Depp said. "I approached James Bulger as a human being, who's multi-

faceted and did have a side to him that was human and loving."

Depp's performance and the work of his co-stars Dakota Johnson and Joel Edgerton among others, ensure that *Black Mass* is a complex study of human behaviour, but hopefully, according to Mallouk, not a glamorous one.

"None of us wanted anyone walking out of the theatre to go, 'I want to be Whitey Bulger,'" said Mallouk. "You feel that way after *Scarface* or *Goodfellas* or after *The Godfather*, and I love those movies, but there is a responsibility to not do that here. It feels more like *Donnie Brasco*. We did not want to create more fuel for the Whitey Bulger myth."



Breaking News for Breakfast.

5am — 9am MONDAY TO FRIDAY



Kate Mara stars in *Captive*, opening this weekend. CONTRIBUTED

"Hope can always be found in the midst of a dark place."

David Oyelowo



Redemption in odd places

TRUE STORY

Captive a tale of compassion in the face of terror

A new film explores the unique connection that formed between two broken people following one of the most terrifying events in Atlanta's recent history: a deadly courthouse shooting rampage.

Brian Nichols overpowered a deputy escorting him to court on March 11, 2005, for his rape trial, took her gun and fatally shot the presiding judge and court reporter and then killed a sheriff's deputy outside the building. He stole a car and drove to an affluent Atlanta neighbourhood, where he shot and killed an off-duty federal agent.

Ashley Smith was a lonely, widowed meth addict who had repeatedly failed in her attempts to kick drugs and regain custody of her five-year-old daughter. When she returned from a cigarette run after 2 a.m. March 12, 2005, Nichols forced her into her suburban apartment at gunpoint.

The film *Captive*, based on Smith's book *Unlikely Angel*, is set for release today. The film

chronicles the seven hours that followed as Nichols held Smith hostage while a massive manhunt for him was under way.

In the film, Smith — played by Kate Mara — gains the trust of Nichols — played by David Oyelowo — by reading from Rick Warren's bestselling devotional book *The Purpose Driven Life*, talking about God and family.

"What it boils down to is one day we're all going to stand before God and we're going to have to answer for what we did or did not do," said Smith in a phone interview. "I guess that's why I was able to see him as a human being instead of just as a monster."

There's no question Nichols was a monster that day, Oyelowo said in a phone interview, but in Nichols' encounter with Smith, "through the humanity that she had and the vulnerability that she had and the way she treated him, somehow the humanity that was in him was able to come to the fore."

That led him to release her and surrender peacefully to police.

According to Oyelowo it's the journey of two broken people who come to realize "hope can always be found in the midst of a dark place." THE ASSOCIATED PRESS

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Back to back wins for Williams

RUNWAY REPORT

Her second collection draws fashion heavyweights

Serena Williams says her recent U.S. Open defeat was not a loss, but a win and a learning experience — and that she's happy for the opponent, Roberta Vinci, who derailed her quest for a Grand Slam.

"We should be happy for each other," Williams said in an interview this week after presenting her second collection for her fashion line, the Serena Williams Signature Statement Collection for the HSN network, at a high-profile runway show that drew influential Vogue editor Anna Wintour and other fashion heavyweights — not to mention Drake. "We have to build up each other. We can't be angry."

"I won four Grand Slam (tournaments) in a row, and got to the semis in another one, and I've done that twice," Williams said. "I mean how many people have done that? So it wasn't a loss for me, it was a win and a learning experience. I tried hard. Unfortunately (Vinci) just outplayed me that day ... She probably deserved it, and I am happy for her."

Williams, who won last year's U.S. Open as well as the next three Grand Slam tournaments after that, also said designing was a great break from the pressure of her tennis career. "I love what I do obviously, but I also sometimes need a break from that — and I love fashion," she said. "It's something I have a passion for."

Not that there wasn't also pres-



Faux shearling jacket and drawstring cargo pants shown in Williams' runway collection for HSN. GETTY IMAGES

sure coming from the fashion world. Williams said that this time, she really felt the need to deliver.

Williams, surprised by the attention and positive reviews her first collection garnered, felt

the stakes were raised this time around. So she reached out to Wintour, she explained, and told her she was planning a second collection.

"She said, 'Let me help you, let me give you some notes,'"



"We wanted a vibe that's ... '70s, in terms of the fringe and the suede and the colours," said Williams. GETTY IMAGES

Williams recounted. "She was able to mentor me and I was so appreciative of that. She said, 'I loved your first collection, I was so surprised, but how can we take it to the next level?' And I'm all about that!"

Williams' collection — shown to a soundtrack that included several of Drake's songs — had a very contemporary vibe, with lots of fringed leather and suede, in skirts, jackets and dresses. (She herself was wearing a re-



vealing fringed leather skirt that showed tiny short shorts underneath.) Highlights included a sleek, tiered black fringed dress; a black gown with a line of fringe down the back; and a short, deep green bomber jacket.

"Everything that's in our collection will be available right away (online), so we have to be current," Williams said. "Fringe is one of the trends that we set upon. Also, we wanted a vibe that's homey, that's nostalgic, '70s, in terms of the fringe and the suede and the colours, so that really spoke to us."

Williams said that designing comes easily to her.

"It's easy because I went to school for it," she said. "Also, I have the most amazing team, and we work together."

She noted that her favourite role in the process is to sketch. "I love to sketch," she said. "I mean, that's what designers do. I'll sketch something and then they'll resketch it and make it perfect, and I'm like, that's exactly what we're looking for."

Earlier, on the red carpet, she tried to explain how she combined designing with her demanding life as an athlete.

"In between matches," she said. "We have this great group chat, and we just talk all day about the designs."

So, has she been able to sit down and breathe, since her final U.S. Open match last week?

"In a couple of hours I'll be able to breathe," she laughed.

THE ASSOCIATED PRESS

NY FASHION WEEK

Kanye ranking major with Yeezy Season 2 presentation

Kanye West's New York Fashion Week presentation united Vogue editor Anna Wintour, Lorde and Kim Kardashian — holding baby North West — in the front row.

West's Yeezy Season 2 collection was launched in four sets: First a de facto drill sergeant entered the stage wearing tan, and yelled, "First row, fall in. Second row, fall in." Others models followed, sporting the same colour and blond ponytails. The leader wore a hoodie. Kim Kardashian and North West matched the models with their own tan ensembles.

The clothes, which ranged from loose jackets to high-waisted pants to tank tops,

were monochromatic and generally matched the models skin tone.

The next set, which also featured a model yelling orders, featured army green, followed by deeper brown and then black outfits. Mens pants were loose-fitting. Women wore leggings and bathing suits. Some of the models had baseball caps hiding their eyes.

Kourtney and Khloe Kardashian, Courtney Love, Common, Michael Strahan, Seth Meyers and former Vogue editor-at-large Andre Leon Talley also sat front row, while Jaden Smith, R&B singer Miguel and rapper Pusha T watched from the second.

All the models filed in for the finale, while catwalker and Internet style icon Ian Connor started smoking on the runway.

West appeared, earning loud applause as he walked in between four rows of models.

Earlier this year, when West debuted his Yeezy Boost shoe line for Adidas during Fashion Week, Beyonce, Jay Z, Rihanna and Diddy sat in the front show. At that show, North West made headlines when she cried, but the two-year-old was calm and relaxed for most of West's presentation Wednesday: As she sat on her mother's lap, she said "Mommy" a few times and licked a lollipop.

THE ASSOCIATED PRESS



Kanye West appears during the finale of Yeezy Season 2 at Skylight Modern. GETTY IMAGES



The Parisian underground

SEWER MUSEUM

'Everything comes through here,' says guide

Forget Versailles, the Eiffel Tower and French fashion. When you want to be impressed by a marvel of Parisian design head to the Musée des Égouts, a.k.a. the Sewer Museum.

Sure, not everyone gets the appeal of the city's subterranean spectacle.

But, as tour guide Jean-Charles Pintori put it, "They are wrong!"

In fact, it is one of the best places to be on a sizzling Paris summer day. Tucked deep underground, the museum maintains an even temperature, and the ambiance, while a little smelly in parts, is not overwhelming. In some areas, the air is quite fresh and with the artfully lit galleries and exhibits, you almost wouldn't know where you were.

Almost.

Walking past a canal, its dark surface prettily reflecting the glow of tunnel lights, you may see tiny bubbles popping on the surface, creating an effervescent sparkle — this is escaping methane gas.

Exhibits trace the history of Parisian sewage from the Middle Ages, when streets had drains for wastewater in the middle, to the current incarnation, which got a major overhaul in the mid-19th century under the supervision of city planner extraordinaire Baron Haussmann and engineer Eugène Belgrand.

The current system is unusual in that it also includes conduits for drinking water, handles rain runoff and houses telecommunications cables.

Displays of equipment, some antique, some current, show the tools used to keep the tunnels clear — workers remove about 15,000 cubic metres of solid waste per year.

It's a tough job. Still, there are some families who have worked in the sewers for

+ IF YOU GO

The sewer museum of Paris is near the Pont d'Alma and opposite 93 Quai d'Orsay. Open Saturday-Wednesday, 11 a.m.-4 p.m. (until 6 p.m. through Sept. 30). Tickets are sold until one hour before closing. Admission: 4.40 euros (about \$6.60). Guided tours are highly recommended but reservations are required.

generations and are proud of their public service. Most are men but there are about a half-dozen women.

Writer Victor Hugo called the sewers "that wonderful underground city" and used them as the setting for Jean Valjean's dramatic rescue of Marius in *Les Misérables*. You'll find a picture of the rescue in a corner of the museum along with a map showing the sewers as they were at the time the novel is set.

People aren't the only creatures travelling these tunnels, as a glass case full of stuffed rats indicates. There's also a display of antique swords — apparently at some point, someone somewhere tossed them and into the gutters they went. As Pintori pointed out, the sewers are "the intestines of Paris. Everything comes through here."

Modern-day Parisians are more likely to lose keys than fencing foils down storm drains. If that happens, there's a number you can call to ask a worker to go look for your lost possessions. Officials report they perform

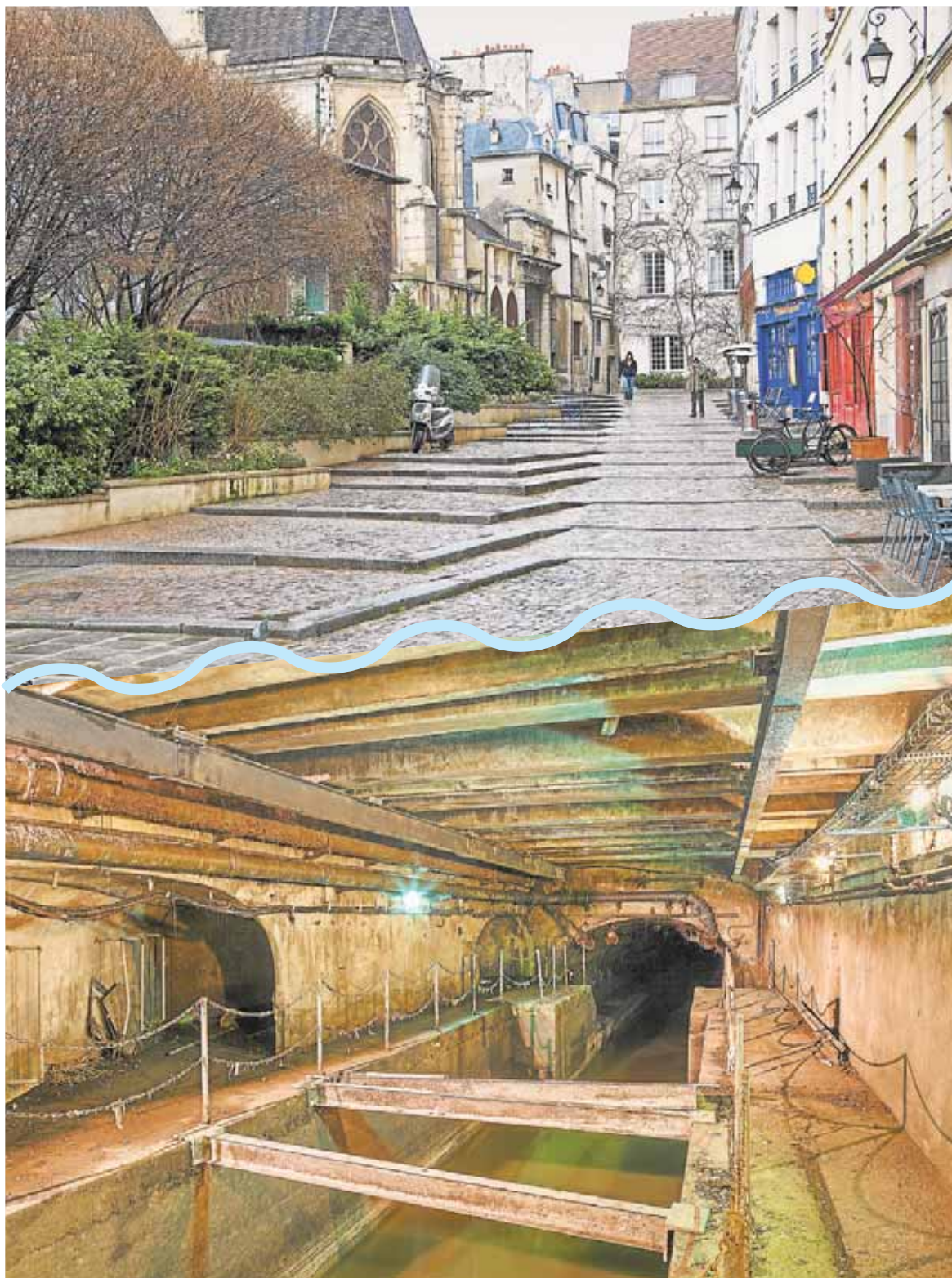
anywhere up to 3,000 such operations per year with an 80 per cent success rate.

Like all good museum tours, this one ends at the gift shop where you can buy mementoes of your visit including stuffed (toy) rats.

Unlike most museum tours, departing visitors are admonished to wash their hands, to ensure they leave with nothing but memories.

THE ASSOCIATED PRESS

ONLINE
For more information go to en.parisinfo.com/paris-museum-monument/71499/Musee-des-egouts



A visit to the sewer museum of Paris touches on history, technology — even literature. ISTOCK

TRAVEL NOTES WINE TASTING TO ISLAND HOPPING
Sonoma side trip

Sonoma County post-crush season is one of the best times to visit — after the tasting-room crowds have thinned out, but before the rich aroma of the harvest has dissipated. But Sonoma is more than just wine (only six per cent of the landscape is grown with grapes). The county is fun for foodies, families, outdoor adventurers, art lovers, history buffs and spa goers. Visit SonomaCounty.com.

Tour booking

Sure, winging it in a foreign country is fun, but sometimes you need preplanning, particularly in places that don't speak English. Recently expanding business in North America, online tour experts TourRadar.com houses tours of all stripes, with honest, unbiased comparisons based on real traveller reviews. Best bonus: No fees.

Bucket list: B.V.I.

Caribbean island chain the British Virgin Islands is a sailing hot spot, famous for pristine beaches and for the yachting enthusiasts who flock to the 50+ volcanic islands. Get in touch with the white sands of Tortola, the beachside boulders of The Baths on Virgin Gorda, the incredible landscape at Anegada and the folk tales of Jost Van Dyke. Visit BVI Tourism.com. DOUG WALLACE



Gustafson Family Vineyards, Healdsburg, Calif. CONTRIBUTED



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Road Town, Tortola, B.V.I. CONTRIBUTED

See what's new and classic in Seattle



A balloon vendor sets up shop next to the Space Needle. TED S. WARREN/THE ASSOCIATED PRESS FILE

WASHINGTON

Visit the gum wall, ride the Great Wheel in seaport city

It doesn't always rain in Seattle, despite its reputation, so pack sunglasses for your next visit, and be sure to catch new attractions like the Great Wheel along with classics like the chewing gum wall.

What's new

Seattle's newest attraction is the Great Wheel on the waterfront, near the Pike Place Market, with 42 enclosed gondolas that turn on a giant wheel. It's pricey for a 15-to-20-minute experience at \$13 for adults and \$8.50 for ages four to 11. But you do get a nice view of the Puget Sound and the city, and it's a good spot for vacation selfies.

One of the city's other relatively new attractions is the Chihuly Garden and Glass exhibit at Seattle Center, showcasing the work of Dale Chihuly, a native of the state of Washington known for his colourful, other-worldly glass creations. The museum is right next door to the Space Needle, Seattle's famous observation tower, so most tourists will come to the neighbourhood anyway. And the attached Collections Café is fun, offering a look at the artist's personal collections of everything from ceramic dogs to bottle openers.

Some adult visitors will enjoy a stop at one of Seattle's new recreational marijuana shops,

but be warned that public smoking is outlawed. Seattle police would love to give you a special souvenir of your visit if you light up in a city park.

Classic attractions

Few people visit Seattle without stopping by the Pike Place Market, a mishmash of flower sellers, craft tables, restaurants, fish shops and lots and lots of people. If you have kids, don't miss Rachel the pig, near the corner where fishmongers play catch with salmon, and around the corner from the must-see gum wall, covered with wads of chewed gum. Ick factor aside, elsewhere there are some beautiful places in the market to relax with a glass of wine and enjoy the view, including The Pink Door and Café Campagne.

+ BALLARD

The neighbourhood of Ballard, which used to be its own city, is filled with some of Seattle's newest breweries, hip restaurants, little shops and rock music venues. Ballard has a nice Sunday market, but outdoor markets can be found all over town on the weekends.

The Space Needle is always a good bet. The Seattle Center attraction built for the 1962 World's Fair offers a 360-degree view of Seattle. New high-tech offerings make it possible to experience the view even when the sky is grey or take a quick virtual trip to some other Seattle

attractions, like the market or the soccer field.

Seattle Center is also home to the EMP (Experience Music Project) Museum, filled with music history, instruments you can actually play, and Microsoft co-founder Paul Allen's awesome science-fiction collection. Through Oct. 4, the museum is exhibiting costumes from both Star Wars trilogies.

Another fun stop for families and history enthusiasts is Seattle's Underground Tour below the Pioneer Square neighbourhood. Learn true and nearly true facts about Seattle history, and you might even see a ghost.

Tips

For a free view and some exercise, walk up Queen Anne hill just north of downtown and visit Kerry Park. A series of hidden stairways will take you most of the way up.

Other gorgeous views can be had by walking on a ferry from the Seattle waterfront or taking a stroll in the Seattle Art Museum's sculpture garden on Elliott Bay.

If you have a car, drive an hour out of town to go hiking in the Cascade Range or drive a shorter distance to take an in-city hike at Discovery Park in the Magnolia neighbourhood or Golden Gardens in Ballard.

Seattle is full of weird and wonderful museums that don't make most tourist lists: from the Living Computer Museum to the Seattle Pinball Museum, The Museum of History and Industry and the Dialysis Museum at the Northwest Kidney Center.

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EIGHT U.S. STATES

Trip on historic highway is all about journey, not destination

André Proulx
For Metro Canada

Route 66 doesn't really exist anymore. The highway that originally connected Chicago to Los Angeles has long since been replaced by interstate highways. But, there are grassroots groups in every state Route 66 ran through that are keeping the spirit of the old highway alive.

While it's obvious that the start and the end of the highway are major tourist draws, for those wanting to experience the open road, the destinations in between are worth the drive.

Doing Route 66 is definitely for those who enjoy sitting down for long periods of time. The highway will take you through eight states (Illinois, Missouri, Kansas, Oklahoma, Texas, New Mexico, Arizona and California) and a variety of landscapes.

Here are a few suggestions on where to stop along the way.

Cuba, Missouri

When you drive off the interstate you will be travelling on one of the original stretches of Route 66 through Cuba, Mo.

Spend a night at the Wagon Wheel Motel, which opened in 1938 and was around during the height of the highway's popularity. Current owner Connie Echols purchased the property in 2009 and has restored it to a very comfortable motel.

Next to the Wagon Wheel is Missouri Hicks. Its meats are smoked to perfection, served dry with your choice of sauces available on the table. Ribs are the most popular thing on the menu but my pick was the brisket.

Amarillo, Texas

Amarillo is a noteworthy stop because of the Big Texan. Opened in the 1960s, it is home to the 72-oz steak challenge: If you eat a 72-oz steak (that's 4 1/2 lbs of meat!), a shrimp cocktail, a baked potato, salad and dinner roll in one hour, your meal is free. I watched six poor souls attempt it and none succeed.

On the surface, the Big Texan looks like a tourist trap, but once inside it has a welcoming kitschy atmosphere that is infectious. It doesn't hurt that the food and in-house-made beer is great. The Big

A route much travelled



The Cadillac Ranch is covered with years of graffiti from years of Route 66 travellers who have an artistic inclination.

The Big Texan in Amarillo is home of the 72-oz steak challenge.

ALL PHOTOS
ANDRÉ PROULX



Texan also runs a motel where a room with two double beds cost \$100 US.

Driving out of Amarillo there is an interesting art installation called the Cadillac Ranch, which is a series of old Caddies buried in a field with only the back halves sticking out.

Albuquerque, New Mexico

For a Canadian used to trees and plains, the landscape of the New Mexico desert is fascinating.

I stopped in Albuquerque for lunch at Taqueria Mexico. I can still taste the burrito I ordered in my dreams. When I was there the restaurant was always busy with limited seating. It does have a takeout window if you're just flying through the town.

Williams, Arizona

Williams is at the junction of Route 66 and Arizona Highway 64 — which takes you to the Grand Canyon. We've all seen photos of the Grand Canyon, but they don't do it justice. Watching

the sun creep over the western lip of the canyon is breathtaking.

The downtown strip in Williams is a trip back in time. Neon signs hang above diners with vinyl seats and stools bolted to the ground just like you'd imagine finding in the 1960s.

I spent the night at the Canyon Motel and RV park where

you can stay in a train car they have converted into rooms. The regular motel rooms were built in the 1940s.

On your last stretch of highway between Arizona and California you'll want to make sure your air conditioning is working because you are driving through the sweltering Mojave desert. I

made the drive in early August and the temperature outside reached 42 C.

By the time the desert hits your rearview mirror you will nearly be in Los Angeles. But let's face it — you'll still be thinking about that 4-1/2-lb steak you should have tried back in Amarillo.

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ON THE MOVE

Best getaways for fall foliage

Loren Christie
For Metro Canada



Leaf peepers, take note! For the next six weeks the autumn colours will be at their glorious best and fabulous getaways are waiting across the country.

Colourful Cabot Trail

Nova Scotia's Cabot Trail is a spectacular drive year-round, but in the fall it's at its best. The incredible ocean vistas never change but the maples and birches that blanket the highlands are exploding in vibrant colour. Pack a lunch and eat in one of the national parks' picnic spots to savour these last days of warm weather.

Consider going in mid-October and catch part of the 17th Celtic Colours Festival. Running from Oct. 9 through 17 this annual event features community dinners, shows and 47 concerts with local Celtic and international musicians.

Ontario's shifting landscape
One of Ontario's great fall drives is between the city of Sault Ste. Marie and the town



Fall in Algonquin Park in Ontario. ONTARIO PARKS

of Wawa. Lake Superior Provincial Park, which inspired the Group of Seven painters, marks the transition point between a Great Lakes-St. Lawrence forest of sugar maple, red maple and yellow birch and a boreal forest dominated by evergreens.

If you want to stretch your legs, hike a section of the 65-kilometre Coastal Trail. If you are heading elsewhere in the province check out ontariotravel.net for live updates on the fall colour report.

Toast the season in B.C.

For those who enjoy the odd sip, the annual Fall Okanagan Wine Festival in British Columbia is set to run from Oct. 1 through 11. Crowds will gather to pair cheese with favoured pours, sample menus courtesy of young Okanagan chefs and challenge their taste buds during a host of blind taste tests all amidst the splendour of the autumnal harvest.

Choir al fresco

Should you prefer to raise your voice versus a glass, the first Come All Ye community singing experience is taking place in Trinity, N.L., from Oct. 2 to 7. The five-day choral workshop is aimed at people who share a love of singing, even if you have never performed publicly.

The program will comprise morning and late afternoon rehearsals with free time to hike stunning trails, visit nearby villages, photograph or simply relax. The choir will come together singing traditional folk, light classical and spirituals, and the whole experience will culminate with a concert by the group at the historic Garrick Theatre in nearby Bonaville. The package is being offered by Maxxim Vacations.

Beloved dive goes upscale in Chicago

ENTERTAINMENT

Outpost along riverwalk has free happy hour music

You're in downtown Chicago on the hunt for a decent happy hour spot. Forget the boring bar scene and head along State Street to the south side of the Chicago River and down the concrete stairs under the Chicago Riverwalk sign. Follow the path to the right, under and beyond the bridge and you'll find an unlikely music-lover's oasis called The Hideout.

In nice weather, the riverwalk is a great hangout along the Chicago River, which cuts right through downtown. The walk features bike and kayak rentals, al fresco outposts of popular city restaurants, and new since this summer, free music at The Hideout, a prettified version



POP-UP SPOT

The Hideout
Riverwalk at 35 E.
Riverwalk South is
open until Nov. 1.

Tourists and locals gather at The Hideout offshoot. LINDSEY TANNER/THE ASSOCIATED PRESS

of its original incarnation, a divey old-time bar and beloved music venue/hipster hangout four miles northwest of downtown.

The old Hideout is located in an industrial neighbourhood adjacent to a city garbage truck parking lot. The new Hideout by the river has a more upscale, less intimate feel but the same great

selection of eclectic top-notch local music acts, four nights weekly from 5:30 to 7:30 p.m. and 1 p.m. to 3 p.m. Sundays. Drinks are fairly cheap, just like the original, and there's a small selection of food, including tacos on Tuesdays. The location, shadowed by the Trump Tower and an iconic bridge, features a small outdoor stage and indoor Ping-Pong table. THE ASSOCIATED PRESS

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metro SPORTS

Commissioner Gary Bettman says, "the entertainment value of the game has never been better" as NHL camps opened

Moose back home and ready to go

QMJHL

Halifax ready for open at Scotiabank Centre

Ben Cousins
For Metro | Halifax

The Halifax Mooseheads are back in town to kick off their 2015-16 home schedule.

The team's home opener comes Friday night in the freshly renovated Scotiabank Centre when they host the Bathurst Titan at 7 p.m.

A Saturday night tilt with the Saint John Sea Dogs closes out the weekend.

"It'll be nice to kick off the home opener this weekend against some division teams," said Mooseheads general manager Cam Russell.

"It always makes for an enjoyable evening when you're playing some rival teams."

For the Mooseheads players, the mindset doesn't change just because it's a home opener.

"We always bring the



It's a well-rounded group, they're young, but they'll be fun to watch

Mooseheads GM Cam Russell

+ RENOVATION

New seats, new eats

Scotiabank Centre will be unveiling their renovations to Mooseheads fans this weekend.

The seats and washrooms have been redone and there is a new concession menu, including donairs and BBQ sausages.

same kind of compete level to every game," said defenceman Taylor Ford.

"It doesn't matter what the stakes are."

The Mooseheads boast the second-youngest club in the QMJHL, but Russell said age won't stop them from being "a very competitive team."

"The big difference is up front," said Russell, "We've got a lot of young forwards but they're some exciting, skilled hockey players so it should be a lot of fun to watch."

The team will look to bounce back after losing their first two games of the season on the road in Charlottetown and Saint John last weekend.

"I think last weekend... we worked hard like we usually do, it just comes down to the little details which we work on in practice every day," said Ford, who is in his second year with Halifax.

Russell's not worried about the slow start to the season. The team is also coming off a winless exhibition schedule.



Taylor Ford, back for his second season with the Halifax Mooseheads, is one of the players who will be looking to play a bigger role this campaign. JEFF HARPER/METRO

"We know that our players will progress as the season goes."

Newcomer Ilya Putintsev, a Russian-born forward, led the team with four points on

the mini-road trip.

The team will have defenceman Cavan Fitzgerald back in the lineup for the home opener.

He missed the start of the

season at San Jose Sharks rookie camp.

"The poise that he brings back on the blue line and the calmness that he brings, it's a nice thing to have," Ford

said of Fitzgerald.

Timo Meier (Sharks) and Cody Donaghey (Toronto Maple Leafs) are both still at NHL training camps without a timetable for their return.



How's the news today?

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Jays take series in Atlanta

MLB

Estrada, Osuna combine for three-hitter against Braves

Marco Estrada combined with Roberto Osuna on a three-hitter, Cliff Pennington, Edwin Encarnacion and Josh Donaldson hit home runs, and the Toronto Blue Jays beat the Atlanta Braves 5-0 on Thursday night to extend their lead in the AL East.

The Blue Jays lead the New York Yankees, who did not play Thursday, by 3-1/2 games. Toronto won two of three games for their first series win over the Braves since 2008.

Estrada (13-8) allowed three hits with four strikeouts and two walks in eight innings. He did not allow a baserunner to reach second base.

Encarnacion led off the fourth with his 33rd homer, off Matt Wisler (5-8) and into the fifth row of the seats in left field. Pennington hit a three-run shot later in the inning.

Donaldson added a ninth-inning homer off Sugar Ray Marimon.

Osuna pitched a perfect ninth.

The three homers boosted Toronto's season total to 207, most in the majors.

Atlanta's first hit in the third was a sharp grounder by Wisler that hit Estrada's right foot and bounced into left field. Cameron Maybin hit a grounder between shortstop and third base in the fifth for the second hit. With two outs in the eighth, Andrelton Simmons hit a line-drive single to right.

Wisler has lost seven straight decisions since a 5-1 start to his rookie season. He allowed four runs and nine hits in six innings.

Former U.S. President Jimmy Carter and wife, Rosalynn, sat



Ryan Goins has stepped in at shortstop for the Jays with regular starter Troy Tulowitzki out due to injury.

JOHN BAZEMORE/THE ASSOCIATED PRESS

THURSDAY In Atlanta



in their usual seats near the Braves' dugout. Carter, 90, recently announced he has cancer that spread to his brain.

The two received a loud cheer when shown on the video board during the "Kiss Cam" promotion. Carter kissed his wife and then gave a big smile as the cheers continued.

Marcus Stroman will make his second start of the season Friday night in the opening game of a home series against Boston.

THE ASSOCIATED PRESS

+ INJURY UPDATE

Tulowitzki to return to Toronto after examination

Manager John Gibbons said shortstop Troy Tulowitzki will join the team in Toronto after having a specialist examine his injured left shoulder. He was expected

to miss at least two weeks after cracking his shoulder blade in a collision on Sept. 12.... Gibbons said 2B Devon Travis will have an exploratory arthroscopy on his left shoulder on Wednesday.

ASSAULT ALLEGATIONS

Kane addresses media

Speaking publicly for the first time since he became the subject of a sexual assault investigation, Chicago Blackhawks star Patrick Kane said Thursday he has done nothing wrong and expects to be exonerated.

Kane is accused of assaulting a woman in her 20s in August at his off-season home outside Buffalo, N.Y., a person familiar with the investigation told The Associated Press on condition of anonymity because police have not revealed details of the case.

Kane has not been charged, but the investigation has shadowed the Stanley Cup champions for weeks.

"I cannot apologize enough for the distraction this has caused my family, teammates, this incredible organization and, of course, our fans," said Kane. "I am confident once all the facts are brought to light I will be absolved of having done (anything) wrong."

Kane deflected several questions that got anywhere close to the ongoing investigation.

"I know you guys have a lot of questions," Kane said at one point. "I'd love to answer them.... This just isn't the right time to do it with my respect, the Blackhawks' respect for the legal process and what's going on, I really can't comment about that right now." THE ASSOCIATED PRESS



Patrick Kane
THE ASSOCIATED PRESS



Leafs James van Riemsdyk, left, and Leo Komarov wait to talk to reporters on Thursday. DARREN CALABRESE/THE CANADIAN PRESS

MAPLE LEAFS TRAINING CAMP

Babcock opens by wiping the slate clean

Mike Babcock didn't spend the off-season watching tape of the Toronto Maple Leafs. It was a conscious decision.

"Things went so poorly, why would I watch them be bad?" the new Leafs coach said Thursday ahead of taking camp to Bedford. "It makes no sense to me. They've got a clean slate, and I want to catch them be good. That's what I got right there when I walk out of the coaches' office: Catch them doing it right."

Babcock and the Leafs enter training camp with the best kind of unfamiliarity. The Stanley Cup

and Olympic gold-medal-winning coach understands he's in for some surprises, but he doesn't want the team's recent struggles to cloud his view.

He doesn't know how centre Nazem Kadri has shown flashes of sublime skill mixed with fits of inconsistency, how defenceman Jake Gardiner sometimes

can't be trusted in his own end or how captain Dion Phaneuf has been maligned for his mistakes. Babcock has coached against the Leafs, but this camp is a chance for him and general manager Lou Lamoriello to get to know players and make their own judgments.

"Everyone knows what the coaches expect and what the management expects from everybody," Kadri said. "That's realistically the difference is there's no grey area. Everything's crystal clear."

THE CANADIAN PRESS

+ GRABNER DEAL

The Leafs acquired forward Michael Grabner in a six-player trade with the New York Islanders on Thursday.

Toronto gave up forwards Taylor Beck and Carter Verhaeghe, defencemen Matt Finn and Tom Nilsson, and goaltender Christopher Gibson in the deal.

GETTY IMAGES





Adrian Peterson was held mostly ineffective in a Week 1 loss to the 49ers. THEARON W. HENDERSON/GETTY IMAGES

Peterson's dismal return still stings

NFL

Vikings' star keen to push through pain and beat Lions

Adrian Peterson's long-awaited return to the field was a game to forget — a measly 31 yards rushing for the Minnesota Vikings in their dreadful season opener at San Francisco.

Refocusing on the next one is the familiar weekly message around the NFL, of course, but Peterson acknowledged having a hard time putting that 20-3 defeat by the 49ers in the past.

Two days later, he was still wearing a frown, his forehead creased. Finally, "the reset button has been pressed,"

Peterson said Thursday.

"I had those wrinkles all day yesterday. Just mad for no reason. Because we had moved on, but I just couldn't move on that quickly," Peterson said, before nudging the narrative forward: "I'm just looking to improve and be better this Sunday."

When the Vikings host Detroit for their home debut at TCF Bank Stadium, the game will mark Peterson's first in Minnesota since Dec. 1, 2013, a span of 658 days. He sat out the last two games at the Metrodome because of a sprained right foot and missed the team's temporary move outside last year, while his child abuse case proceeded in court in Texas and the league office. Peterson didn't play in any preseason games.

"I'm looking forward to it. It'll be exciting, fun, running out of



I have a lot of trust in coach Turner and what he's going to ask of us.

Adrian Peterson

that tunnel for the first time," Peterson said.

With those first-game feelings both physical (neck soreness from hard hits) and mental (running plays and blitz pickups at full speed) are out of the way, Peterson ought to be able to better settle in this weekend. He carried the ball only 10 times against the 49ers, limited action dictated by several factors starting with the deficit the Vikings faced down the stretch.

Under offensive co-ordinator Norv Turner and quarterback Teddy Bridgewater, the Vikings offence operates out of the shotgun or pistol formations most of the time. That's been a challenge for Peterson and his hand-off timing.

Whether watching Jerick McKinnon or Matt Asiata replace him for a series or adjusting to a new style, though, Peterson understands how he's being used, even if he'd rather not spend that many snaps on the sideline.

"I have a lot of trust in coach Turner and what he's going to ask of us," Peterson said.

The Vikings must face a Lions defence that has held 23 of the last 33 opponents, the most in the NFL during that span, under 100 yards rushing.

THE ASSOCIATED PRESS

NFL

Ryan confident McCoy will face Patriots

Buffalo Bills running back LeSean McCoy practised on a limited basis after experiencing tightness in the left hamstring he injured during training camp.

Coach Rex Ryan doesn't expect the injury to prevent McCoy from playing Sunday, when the Bills (1-0) host the AFC East rival New England Patriots (1-0).

Ryan backed off on McCoy's practice time Thursday after the player complained his hamstring felt tight.

McCoy missed Buffalo's

final three preseason games after straining the hamstring Aug. 18.

McCoy acknowledged feeling rusty in Buffalo's 27-14 season-opening win against Indianapolis last weekend. He had 17 carries for 41 yards and three catches for 46 yards.

Starting safety Corey Graham is scheduled to have tests Friday to determine whether he'll be cleared to play after sustaining a concussion last weekend.

THE ASSOCIATED PRESS



LeSean McCoy said he felt tightness in his hamstring

BRETT CARLSEN/GETTY IMAGES

BPL

Mourinho's dilemma for Arsenal clash

After a 4-0 victory against Maccabi Tel Aviv reminded Jose Mourinho of what it feels like to win, the Chelsea manager has an important decision to make before facing Arsenal in the Premier League on Saturday.

Mourinho made six changes for the Group G Champions League game on Wednesday after Chelsea lost their third league game out of five at Everton last Saturday. Regular starters John Terry, Branislav Ivanovic, Nemanja Matic and Diego Costa were on the bench.

The commanding victory could boost confidence among the Chelsea ranks but Mourinho must now decide whether to return his underperforming stars to the lineup, or keep faith with players such as Ruben Loftus-Cheek and Loic Remy, who impressed against Maccabi.

+ FIXTURES

Saturday

Chelsea v Arsenal
Aston Villa v West Brom
Bournemouth v Sunderland
Newcastle v Watford
Stoke v Leicester
Swansea v Everton
Man City v West Ham

Sunday

Tottenham v Crystal Pal
Liverpool v Norwich
Southampton v Man Utd

With Willian and Pedro Rodriguez expected to miss the Arsenal game through injury, Eden Hazard should keep his starting place, despite an unconfident performance against Maccabi where he missed a penalty after five minutes.

THE ASSOCIATED PRESS



Jose Mourinho has a selection headache ahead of the Gunners visit to Stamford Bridge. LAURENCE GRIFFITHS/GETTY IMAGES

SOCCER IN BRIEF

FIFA continue purge with suspension of Valcke

FIFA suspended its top official Jerome Valcke and ordered an investigation into alleged unethical conduct on Thursday, throwing world soccer's scandal-scarred governing body into further turmoil.

Valcke, FIFA's secretary general for the past eight years under President Sepp Blatter, was hours earlier the subject of allegations over a deal for 2014 World Cup ticket sales on the black market.

"FIFA today announced that its Secretary General Jerome Valcke has been put on leave and released from his duties effective immediately until further notice," it said in a brief statement which did not specify details. THE ASSOCIATED PRESS

Europa League roundup

Borussia Dortmund needed a stoppage-time goal for its 10th straight win to start the season, beating Krasnodar 2-1 in the Europa League on Thursday.

The Bundesliga leader's winner came from South Korea defender Park Joo-Ho. Another South Korean, Son Heung-min bagged a brace in Tottenham's 3-1 win after trailing early against Qarabag of Azerbaijan. Liverpool was held 1-1 at Bordeaux, after an 81st-minute goal from Brazilian Jussie cancelled out Adam Lallana's strike.

Elsewhere, Celtic drew 2-2 with Ajax, Napoli routed Bruges 5-0, Monaco drew 1-1 with Anderlecht, Schalke beat Groningen 3-0, Molde saw off Fenerbahce 3-1 and Rapid Vienna beat Villareal 2-1. THE ASSOCIATED PRESS

Ardron out against Ireland

RUGBY WORLD CUP

Injured captain not alone in missing game

Captain Tyler Ardron, nursing a knee injury, will miss Canada's Rugby World Cup opener Saturday against Ireland.

Veteran forward Jamie Cudmore, in his fourth Rugby World Cup, will captain 18th-ranked Canada against No. 6 Ireland in Cardiff's Millennium Stadium.

Ardron has not played since injuring his medial collateral ligament July 29 against Samoa in Toronto in Pacific Nations Cup play.

"It's very close but it's just not worth the risk at this stage," Canadian coach Kieran Crowley said after announcing his lineup Thursday at a news conference in Swansea. "We want him for the rest of the tournament as well. He'll definitely be available for next week's selection but it's just come two or three days too early for him for this particular one."

Canada's next game is Sept. 26 against No. 14 Italy in Leeds, England.

The Canadians are kicking off the tournament with a bang. Ireland was ranked as high as No. 2 in the world at the end of August. Crowley, who was told there were only 500 tickets left at the 74,500-capacity stadium, calls it a massive challenge.

"They've selected a very strong team," he said of Ireland. "Probably close to their top team on paper, so they'll want to get their campaign off on the right foot."

"We've just got to go out there and look to have a good set platform and look to try

+ ROSTER NOTES

On the sidelines

James Pritchard had hoped to be kicking in his fourth Rugby World Cup for Canada on Saturday in its tournament opener against Ireland in Cardiff.

Instead Canada's all-time scoring leader, deemed surplus to requirements, will be cheering his teammates on.

He is not alone. Winger Taylor Paris (knee) and props Jason Marshall (rib) and Tom Dolezel were denied by injury.

The 36-year-old Pritchard was not picked for this tournament — the victim of a deep roster.

THE CANADIAN PRESS

and put our game on the field."

Sky Bet has Ireland as a 1-750 favourite to win, meaning a \$100 bet will return 13 cents in profit. Canada is a 66-1 underdog, with a \$100 bet netting you \$6,600.

Fullback Harry Jones also misses out on the Ireland game, recovering from a shoulder injury suffered in a warmup game against Fiji.

"He is recovering OK. We expect him to be available for selection next week as well," Crowley said.

Matt Evans steps in for Jones, with Jeff Hassler and DTV van der Merwe on the wings and Nick Blevins and Ciaran Hearn at centre.

Nathan Hirayama opens at fly half with Gord McRorie at scrum half.

Former captain Aaron Carpenter fills in for Ardron at No. 8 with Kyle Gilmour and sevens skipper John Moonlight at flanker. The 37-year-old Cudmore combines with Brett Beukeboom in the second row.



Canada centre Tyler Ardron was able to train this week in Swansea, Wales, but won't be ready for Saturday's Rugby World Cup opener against Ireland. DAMIEN MEYER/AFP/GETTY IMAGES

66-1

The Sky Bet odds against Canada vs. Ireland, meaning a \$100 bet will net \$6,600. Ireland is 1-750 to win, so a \$100 bet would net 13 cents.

THE CANADIAN PRESS

Props Hubert Buydens and Doug Wooldridge flank hooker Ray Barkwill.

In a somewhat surprising move, young lock Evan Olmstead does not make the matchday 23. Crowley had described the 24-year-old as the forward who had been the big mover in the buildup to the tournament.

Veteran Jebb Sinclair can provide cover for both the second row and back row. The London Irish forward starts on the bench, likely because he

has seen limited action since recovering from a knee injury.

Van der Merwe and Carpenter are playing in their third World Cup.

Barkwill, Wooldridge, Beukeboom, Gilmour, Moonlight, McRorie, Blevins and Hassler are all making their tournament debut.

The Irish are defending Six Nations champions but enter the tournament on the heels of losses to Wales (16-10) and England (21-13).

Still Canada has never beaten Ireland, going 0-5-1 in matches between the two in all competitions.

Luke Fitzgerald comes in at centre for the injured Robbie Henshaw (hamstring) in an Irish team that has six World Cup debutantes. Scrum half Conor Murray has been deemed fit after suffering a concussion against England two weeks ago, while fullback Rob Kearney has recovered from a bruised knee.

The 20-team tournament opens Friday when host England, ranked fourth in the world, plays No. 9 Fiji at Twickenham.

THE CANADIAN PRESS



Kyrie Irving. GARRETT ELLWOOD/NBAE VIA GETTY IMAGES

INJURED

Irving vague on return to play

If Kyrie Irving knows when he'll be back on the floor with the Cleveland Cavaliers, he's not telling.

The All-Star guard will divulge only this much: He's getting closer.

Irving spoke Thursday about his ongoing recovery from the knee injury that required surgery and kept him from all but one game of last season's NBA Finals, when the Cavaliers fell to Golden State in six games. The Cavaliers — like all NBA teams — open training camp

later this month, and one of the biggest issues facing the reigning Eastern Conference champions revolves around when their point guard will be ready to play.

"I'm feeling great," Irving said from Miami, where he has been working out. "I'm taking my time with it. Obviously, it was a terrible injury but thank God I had the summer to start rehabbing and I'm definitely progressing in the right way. Whatever my timeline is, it'll be for the betterment of the team and

for us to also compete for a world championship at the end of the season."

Irving hasn't revealed exactly what he's physically able to do right now.

"We're going to keep most of the things in house as far as what's going on," he said.

Irving averaged 21.7 points and 5.2 assists for Cleveland last season, his first year playing alongside LeBron James. During the playoffs Cleveland was 10-3 with Irving on the floor, 4-3 when he was sidelined. THE ASSOCIATED PRESS

IN BRIEF

Women's World Cup video game excludes players

More than a dozen players including six Canadians have been dropped from the FIFA 16 video game because of a dispute with the NCAA.

The Vancouver-based game developer EA Sports said Thursday the six Canadians, six Mexicans and a Spanish player had to be removed from the game because of the risk of losing their college eligibility.

THE ASSOCIATED PRESS

France falls to Spanish basketball onslaught

Pau Gasol overwhelmed title holder France, scoring 40 points in an 80-75 victory in overtime that put Spain into the final of the European basketball championship on Thursday.

Spain, champion in 2009 and 2011, will play the winner of Friday's semifinal between Serbia and Lithuania.

Gasol's 40 points were a personal record while playing for Spain.

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PARAMOUNT
MANAGEMENT

RECIPE Sundried Tomato, Kale and Feta Stuffed Chicken Breasts



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

Twitter: @rosereisman



Ready in

Prep time: 15 minutes

Cook time: 18 minutes

Serves 4

Ingredients

- 2 tsp vegetable oil
- 1 cup diced onion
- 1 tsp minced garlic
- 1 1/2 cups chopped baby kale
- 1/4 cup finely diced sun-dried tomatoes (rehydrated)
- 1/2 cup crumbled feta cheese
- 4 boneless, skinless chicken breasts
- Topping
- 1 cup panko crumbs
- 2 Tbsp grated Parmesan cheese
- 1 Tbsp olive oil

Directions

1. Preheat oven to 400 F.

2. In a hot skillet, add oil, onion and garlic and sauté for three minutes. Add kale and sauté until wilted. Add sun-dried tomatoes and feta cheese.

3. Split each chicken breast horizontally but not all the way through. Open like a book. Place in baking dish. Divide filling over top and close breast.

4. In a small skillet add panko, Parmesan and olive oil and sauté for one minute. Sprinkle panko over top chicken. Bake for 15 to 20 minutes or until temperature reaches 160 F.

Nutrition per serving

- Calories 374
- Protein 35 g
- Carbohydrates 25 g
- Fibre 2 g
- Total fat 14.4 g
- Saturated fat 5 g
- Cholesterol 86 mg
- Sodium 643 mg

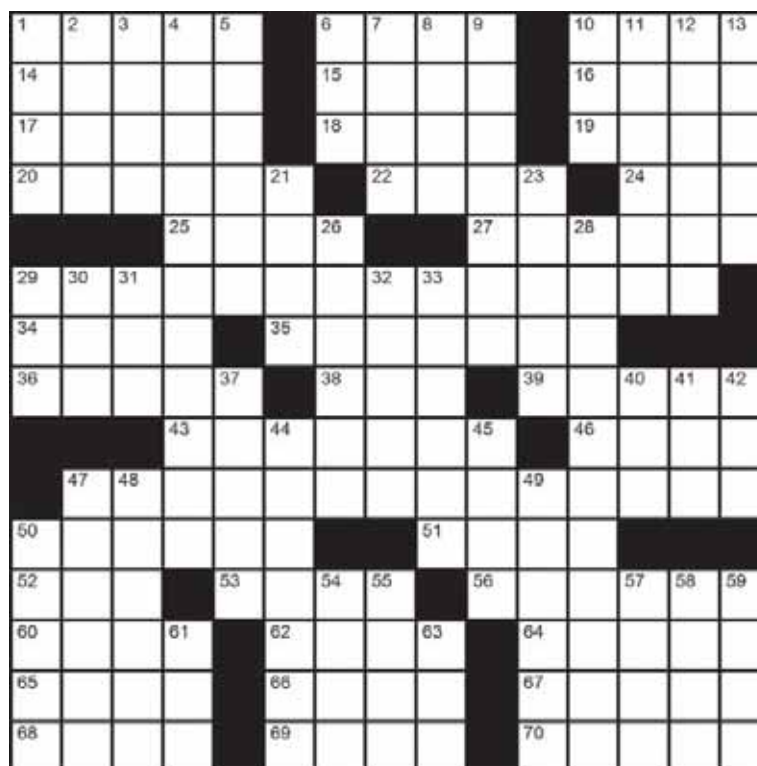
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Become a perished perishable
6. Formed
10. Scary movie hazy
14. ABBA musical, ___ Mia!
15. Tel __, Israel
16. Annoying kid
17. Not suitable
18. Seedy joint
19. Comic actor Eric
20. Switzerland city
22. Wrapped garment
24. Model/actress Carol
25. Peel
27. Covets
29. For her multi-character work on "Orphan Black", Canadian actress up for an Emmy this weekend: 2 wds.
34. Audiences might react with "Brava!" upon hearing one
35. Suffer through the humidity
36. Old Rome's 1951
38. Passed in 1867, it made Canada [acronym]
39. Mom of Melanie of movies
43. La Seigneurie de l'île d'__ (Botanical oasis in Quebec)
46. 'Switch' suffix
47. As an example in Nova Scotia... Antigonish, because of St. Francis Xavier: 2 wds.



50. Trotsky's exiler
51. Chop __
52. River in Asia, ___ Darya
53. Virtually, in verse
56. Sprint Cup Series org.
60. Pink, in Madrid
62. Flair

64. Be sparkly
65. "Hold on _ _!" (Wait!)
66. __ contendere (Court plea)
67. Comedian Ms. Fields (b.1930 - d.1978)
68. Stick around
69. Deuces

70. Sty slop

DOWN

1. Self-satisfied
2. Window piece
3. Sultanate of the Arabian Peninsula on a true story
4. Canadian petroleum company founded in 1880: 2 wds.
5. Riga's realm
6. Angry
7. Car rental company
8. Prima donna
9. New mountain climbing movie based on a true story
10. 'Most Wanted' org.

11. Decree
12. Ship's kitchen
13. Lets it stand (Proofreading term)
21. TV pundit Ms. Coulter's
23. Bay
26. "Mork & Mindy" star Pam
28. "America's Got Talent", basically: 2 wds.
29. Glasgow topper
30. Electrical discharge
31. Faith's country honey
32. Ms. Suvari's
33. Ms. Morissette
37. Canadiens coach Dick in "The Rocket" (2005)
40. __ rata
41. Black Eyed Peas chart-topper: "Boom Boom __"
42. Particle
44. Soft
45. Stupefy
47. Greatest extent
48. Feeling-ill state
49. Bakery supplies
50. Gilbert and
54. Spa facial benefit
55. Angel's crown
57. __ Field (NY Mets ballpark)
58. Indigo dye
59. Spin
61. 'Fall' or 'Leg' suffix
63. Li'l thingies on telephone keypads

★ IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20

A relationship may be going through a rough patch but there is nothing to worry about. Even so, you could make things easier for yourself by not giving them the impression you don't care, when you really do.

♉ Taurus April 21 - May 21

Today a work colleague will move at their own speed — and that's dead slow. Don't bother losing your temper. Grit your teeth and bear it.

♊ Gemini May 22 - June 21

Your priority must be to get out into the world and do what Geminis do best — have fun. Career and money worries can be left until another day, or another week, or another month. Leave them for another year!

♋ Cancer June 22 - July 23

There will always be good days and bad days but there will be a lot more of the former if you change the way you assess what is "good" and what is "bad."

♌ Leo July 24 - Aug. 23

However difficult your current situation may be you will handle it with ease. Whatever you have to face, today or any other day, is what you are meant to face.

♍ Virgo Aug. 24 - Sept. 23

What happened in the past is irrelevant to your present situation — in fact it's a waste of time even thinking about it. Look back only to learn a lesson or two, then look forward and start moving forward too.

♎ Libra Sept. 24 - Oct. 23

There is no reason why you should beat yourself up. If you indulge your emotions too much you may lose sight of all the good things you have to be thankful for.

♏ Scorpio Oct. 24 - Nov. 22

Something that made perfect sense a short while ago now seems to make no sense. Don't worry about it. A day or two from now you will have forgotten why you thought it was so important.

♐ Sagittarius Nov. 23 - Dec. 21

You may have strong views on controversial topics but the planets warn this is not the right time to make an issue of them. Wait until the Sun moves in your favor on the 23rd.

♑ Capricorn Dec. 22 - Jan. 20

You may be having fun but consider the consequences which could arise from some of your impulsive actions. Think about what you are doing and why then tone down your act a bit.

♒ Aquarius Jan. 21 - Feb. 19

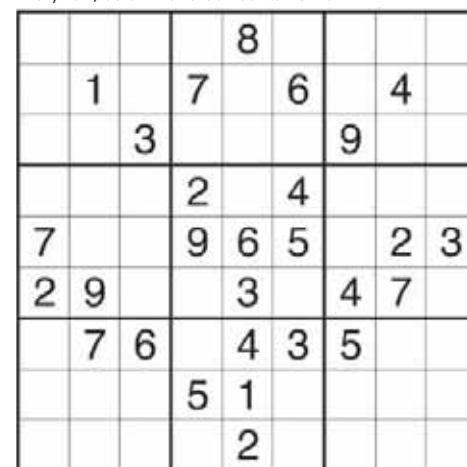
The answers you seek are easily found, but only if you ask the right questions in the right way. You're an Aquarius, so think, speak and act big.

♓ Pisces Feb. 20 - March 20

The best way to deal with a negative situation is to ignore it. No, really. The more you focus on what's going wrong the longer it will stick around, so starve it of the oxygen of attention and see how fast it shrinks in importance.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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